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# HARNESS INSPECTION GUIDELINES

### Webbing

Grasp the webbing with your hands and bend the webbing, checking both sides. This creates surface tension making damaged fibers or cuts easier to see. Webbing damage may not show up through a sight (visual) inspection only – manual (touch) the harness is equally important.

Visual and Touch Inspection	✓ Pass ✗ Fail Criteria
<ul> <li>✗ Cuts, nicks or tears</li> <li>✗ Broken fibers/cracks</li> <li>✗ Overall deterioration</li> <li>✗ Modifications by user</li> <li>✗ Fraying/Abrasions</li> <li>✗ Discoloration of material</li> </ul>	Dependant on cause of discoloration
<ul> <li>X Hard or shiny spots</li> <li>X Webbing thickness uneven</li> <li>✓ Mildew</li> <li>X Missing straps</li> </ul>	Indicates heat damage Indicates possible fall Clean harness
<ul> <li>✗ Undue stretching</li> <li>✗ Burnt, charred or melted fibers</li> <li>✗ Material marked w/permanent marker</li> <li>✗ Excessive hardness or brittleness</li> </ul>	Indicates possible fall Indicates heat damage Check w/manufacturer Indicates heat or uv damage

### Stitching

- **x** Pulled stitches
- X Stitching that is missing
- ✗ Hard or shiny spots
  Indicates heat damage
- **X** Cut stitches
- XV Discoloration of stitching Dependant on cause of discoloration

#### Hardware

- Distortion (twists, bends)
- X Rough or sharp edges
- \* Rust or corrosion
- X Cracks or breaks
- **X** Broken/distorted grommets
- **✗** Modification by users (ie additional holes)
- Tongue buckle should overlap the buckle frame and move freely back and forth in their socket
- ✗ Roller of tongue buckle should turn freely on frame
- **X** Bars must be straight
- ✗ All springs must be in working condition

# HARNESS INSPECTION GUIDELINES

### **Tagging System**

Every harness must have a legible tag identifying the harness, model, date of manufacture, name of manufacturer, limitations and warnings.

- Check tag for date of manufacture and remove from service if past adopted service life policy.
- If tagging system is missing or not legible remove harness from service.

### **Cleaning and Storage**

Wipe off all surface dirt with a sponge dampened in plain water. Squeeze the sponge dry. Dip the sponge in a mild solution of water and mild detergent. Work up a thick lather, with a vigorous back and forth motion. Then wipe dry with a clean cloth.

Hang freely to dry, but away from excessive heat, steam or long periods of sunlight.

Storage areas should be clean, dry and free of exposure to fumes, heat, direct ultra violet light, sunlight and corrosive elements.

Note: Do not store harnesses next to batteries, chemical attack can occur if battery leaks.

Description:	Model #:
Serial #:	Date of Manufacture:
Inspector:	Date Inspected:
Inspector Signature:	
	<u> </u>

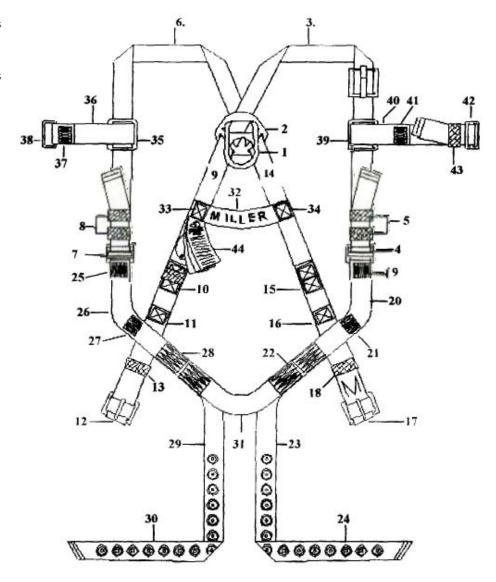
Item#	Description	Fail X	Pass 🗸	Comments

# INSPECTION CHECKLIST - HARNESS

#### **Item Description**

- 1. X V Dee Ring
- 2. X V Dee Pad
- 3. 🗶 🗸 Nylon Webbing
- 4. X V Spring Loaded Friction Buckles
- 5. X V Elastic Keepers (2)
- 6. X V Nylon Webbing
- 7. X V Spring Loaded Friction Buckles
- 8. 🗶 🗸 Elastic Keepers (2)
- 9. X V Nylon Webbing
- 10. X V Stitching
- 11. X V Stitching
- 12. X V Tongue Buckle
- 13. **X** Elastic Keeper (1)
- 14. X V Nylon Webbing
- 15. X V Stitching
- 16. X V Stitching
- 17. 🗶 🗸 Tongue Buckle
- 18. **X** Elastic Keeper (1)
- 19. X V Stitching
- 20. 🗶 🗸 Nylon Webbing
- 21. X V Stitching
- 22. X V Stitching
- 23. X V Nylon Webbing
- 24. X V Grommets
- 25. X V Stitching
- 26. X V Nylon Webbing
- 27. X V Stitching
- 28. X V Stitching
- 29. 🗶 🗸 Nylon Webbing
- 30. **✗ ✓** Grommets
- 31. 🗶 🗸 Sub-Pelvic Strap
- 32. 🗶 🗸 Back Strap
- 33. X V Stitching Back Strap
- 34. X V Stitching Back Strap
- 35. X Chest Strap Pad
- 36. X V Nylon Webbing
- 37. **✗ ✓** Stitching
- 38. **X** Mating Link
- 39. 🗶 🗸 Chest Strap Pad
- 40. 🗶 🗸 Nylon Webbing
- 41. X V Stitching
- 42. 🗶 🗸 3 Bar Mating Buckle
- 43. **X** Elastic Keeper (1)
- 44. X V Tagging/Label System

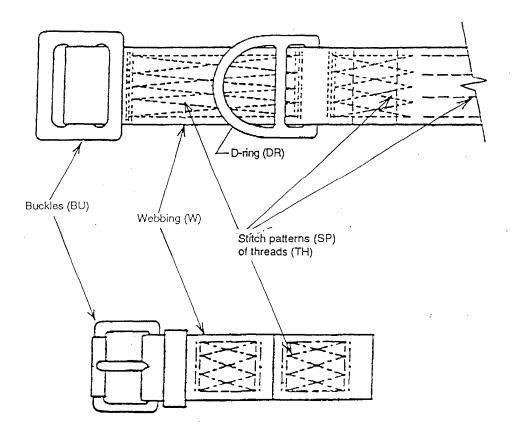
Criteria X = FAIL ✓ = PASS



Serial #:	Date of Manufacture:
Inspector:	Date of Inspection:
Inspector Signature:	
X FAIL: ☐ Initial REMOVE FROM SERVICE	✓ PASS: ☐ Initial RETURN TO SERVICE

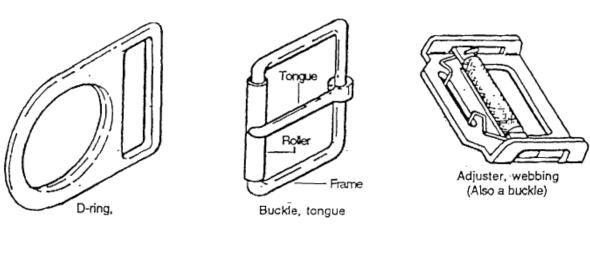
### **EXAMPLE 1**

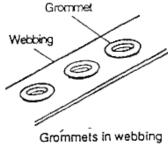
Some Typical Thread (TH) and Stitch Patterns (SP) in Webbing (W)



### **EXAMPLE 2**

Some Typical Connector (Hardware) Components and Elements





### SHOCK ABSORBING LANYARD (MANYARD STYLE) INSPECTION GUIDELINES

#### Webbing

Grasp the webbing with your hands and bend the webbing, checking both sides. This creates surface tension making damaged fibers or cuts easier to see. Webbing damage may not show up through a sight (visual) inspection only – manual (touch) the lanyard is equally important. **Pay attention to the wrinkled portion of the lanyard.** 

Visual and Touch Inspection	<b>✓</b> Pass
	🗴 Fail Criteria

X Cuts, nicks or tears

**✗** Broken fibers/cracks

**✗** Overall deterioration

 $\boldsymbol{x}$  Modifications by user

✗ Fraying/Abrasions

**X** ✓ Discoloration of material Dependant on cause of discoloration

✗ Hard or shiny spots✗ Change in core sizeIndicates heat damage✗ Indicates possible fall

✓ Mildew Clean lanyard

✗ Missing or popped flag
 ✗ Undue stretching
 ✗ Burnt, charred or melted fibers
 ✗ Material marked w/permanent marker
 ✗ Excessive hardness or brittleness
 Indicates possible fall
 Indicates heat damage
 ✗ Indicates heat or UV damage

**✗** Knots in lanyard

### Stitching

**X** Pulled stitches

X Stitching that is missing

✗ Hard or shiny spots
Indicates heat damage

**X** Cut stitches

**X** ✓ Discoloration of stitching Dependant on cause of discoloration

### SHOCK ABSORBING LANYARD (MANYARD STYLE) INSPECTION GUIDELINES

### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

### Visual and Touch Inspection

- ✔ Pass
- X Fail Criteria
- ✗ Snap hooks should be of the self-locking type
- ✗ No hook or eye distortion (twists, bends, or elongation)
- ✗ Latch/keeper should seat into the nose w/o binding
- ✗ Latch/keeper should not be distorted or obstructed
- **X** Overall deterioration/Excessive wear
- **X** Modifications by the user
- ✗ Rust/pitting/corrosion
- X No cracks
- ✗ No missing parts
- X No excessive wear
- **✗** No rough or sharp edges

### **Snap Hook Locking Mechanism**

- ✗ Disengage locking mechanism and open keeper (keeper should open freely)
- ✗ Disengage locking mechanism and release (locking mechanism should return to engaged position

### Snap Hook Keeper

- ✗ Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- ✗ Push on keeper without engaging locking mechanism (keeper should not open)
- Check to see the keeper is seated firmly on the snap hook nose – there should be no side play (lateral movement)

### **Tagging System**

Every lanyard must have a legible tag identifying the lanyard, model, date of manufacture, name of manufacturer, limitations and warnings.

- Check tag for date of manufacture and remove from service if past adopted service life policy
- ✗ If tagging system is missing remove lanyard from service.

### **Cleaning and Storage**

Wipe off all surface dirt with a sponge dampened in plain water. Squeeze the sponge dry. Dip the sponge in a mild solution of water and mild detergent. Work up a thick lather, with a vigorous back and forth motion. Then wipe dry with a clean cloth.

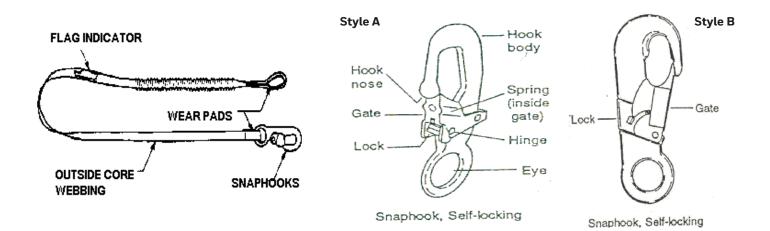
Hang freely to dry, but away from excessive heat, steam, or long periods of sunlight.

Storage areas should be clean, dry and free of exposure to fumes, heat, direct ultra violet light, sunlight, and corrosive elements.

Note: Do not store lanyards next to batteries, chemical attack on the lanyard can occurs if battery leaks.

Notes	

Description:	Model #:
Serial #:	Date of Manufacture:
Inspector:	Date Inspected:
Inspector Signature:	



Item#	Description	Fail X	Pass 🗸	Comments
	LANYARD			
	Flag Indicator			
	Outside Core Webbing			
	Core			
	Stitching			
	Labeling (tags)			
	Wear Pads			
	SNAPHOOK			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			

### ROPE LANYARDS (SYNTHETIC) INSPECTION GUIDELINES

### Rope

Grasp the rope with both hands and rotate the lanyard. Inspect strands from end to end. Remember to check inner strands for signs of damage, deterioration, or chemical attack.

Synthetic fiber ropes will show a reduction in strength when used at elevated temperatures. For exposure to excessive temperatures specific for the rope fiber refer to the rope manufacturer's specifications and instructions.

Damage and deterioration may not show up through a sight (visual) inspection only – manual (touch) the lanyard is equally important.

#### Rope Diameter

Visual and Touch Inspection

X Kinks, hockling\*, or knots

Weakened areas from extreme loads will appear as a noticeable change in original diameter. The rope diameter should be uniform throughout. If areas appear to be reduced more than 5% from original rope diameter, remove from service (ie: 5/8" rope, 5% reduction would be approx. 1/32" – calipers can be used to measure.)

✓ Pass

		<b>✗</b> Fail Criteria
×	Fiber, cuts, or nicks	
X	Broken fibers	
X	Fuzzy of worn fibers	
X	Overall deterioration	
X	Modifications by user	
X	Fraying/Abrasions	
X	Hard or shiny spots	Indicates heat damage
X	Fused fibers or strands	Indicates heat damage
X	Change in original diameter	Indicates possible fall
X	Burnt, charred, or melted fibers	Indicates heat damage
X	✓ Material marked w/permanent marker	Check w/manufacturer
X	Excessive hardness or brittleness	Indicates heat or uv damage

✗✔ Discoloration of rope and brittle fibers Dependant on cause of discoloration (such as splinters/slivers) but may indicate chemical attack or UV degradation

\* **HOCKLING** – unraveling of the lanyard due to constant turning in the same direction or shock loading

### ROPE LANYARDS (SYNTHETIC) INSPECTION GUIDELINES

#### Thimbles and Eyes

Thimbles (steel or plastic) must be seated firmly in the eye. Thimbles must not show any sign of damage. Check around the eye itself for damage, wear or deterioration.

Visual and Touch Inspection	<b>✓</b> Pass
	🗴 Fail Criteria

- **X** Missing thimble(s)
- ✗ Loose thimble(s)
- X Damaged thimbles white stress marks, thimble collapsing over itself
- ✗ Eye damage due to cuts, nicks, abrasions, fraying, fused areas (look for same indicators as you would for the rope body itself)
- X Eyes with metal thimbles look for rust in or around the eye

### **Rope Splices**

In the construction of the lanyard the rope is spliced around a plastic or metal thimble. Eye splices in twisted rope having three or more strands shall have a minimum of four tucks (ANSI Z359.1-1992.) (CSA-Z259.1-95 requires a minimum of five full tucks.) Both standards require the ends secured to prevent unraveling.

- ✗ Splices not secured properly from unraveling − look for tape, shrink wrap tube, stiffening agent (most common methods used by manufacturers)
- X Splices starting to unravel
- ✗ Splices showing damage or deterioration (look for same indicators as you would for the rope itself)

### ROPE LANYARDS (SYNTHETIC) INSPECTION GUIDELINES

#### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

### Visual and Touch Inspection

- ✔ Pass
- X Fail Criteria
- ✗ Snap hooks should be of the self-locking type
- ✗ No hook or eye distortion (twists, bends, or elongation)
- ✗ Latch/keeper should seat into the nose w/o binding
- Latch/keeper should not be distorted or obstructed
- **✗** Overall deterioration/Excessive wear
- X Modifications by the user
- X Rust/pitting/corrosion
- **X** No cracks
- X No missing parts
- X No excessive wear
- ✗ No rough or sharp edges

### **Snap Hook Locking Mechanism**

- Disengage locking mechanism and open keeper (keeper should open freely)
- ✗ Disengage locking mechanism and release (locking mechanism should return to engaged position.

#### **Snap Hook Keeper**

- Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- Push on keeper without engaging locking mechanism (keeper should not open)
- Check to see the keeper is seated firmly on the snap hook nose – there should be no side play (lateral movement)

### **Tagging System**

Every lanyard must have a legible tag identifying the lanyard, model, date of manufacture, name of manufacturer, limitations, and warnings.

- Check tag for date of manufacture and remove from service if past adopted service life policy
- ✗ If tagging system is missing or not legible remove lanyard from service.

#### Cleaning and Storage

Wipe off all surface dirt with a sponge dampened in plain water. Squeeze the sponge dry. Dip the sponge in a mild solution of water and mild detergent. Work up a thick lather, with a vigorous back and forth motion. Then wipe dry with a clean cloth.

Hang freely to dry, but away from excessive heat, steam, or long periods of sunlight.

Storage areas should be clean, dry and free of exposure to fumes, heat, direct ultra violet light, sunlight, and corrosive elements. Lanyards should be kept off the floor to provide ventilation underneath. Never store directly on a concrete or dirt floor.

Note: Do not store lanyards next to batteries, chemical attack on the lanyard can occurs if battery leaks.

Description:	Model #:
Serial #:	Date of Manufacture:
Inspector:	Date Inspected:
Inspector Signature:	

X FAIL: ☐ Initial REMOVE FROM SERVICE	✓ PASS: ☐ Initial RETURN TO SERVICE		- VICE			
Synthetic Rope (Three-Strang	Yarns Fiber Composition d Laid Rope)		Hook body  Spring (inside gate)  Hinge	Splice (SPL)  Spliced Eye	Synthetic rope (RS)	
		lil	Eye			

Item#	Description	Fail X	Pass 🗸	Comments
	LANYARD			
	Rope Fibers			
	Rope Splices			
	Thimbles and Eyes			
	Rope Diameter			
	Labeling (tags)			
	Rope Hockling			
	SNAPHOOK			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			

### WEB LANYARDS INSPECTION GUIDELINES

### Webbing

Grasp the webbing with your hands and bend the webbing, checking both sides. This creates surface tension making damaged fibers or cuts easier to see. Webbing damage may not show up through a sight (visual) inspection only – manual (touch) inspection of the lanyard is equally important.

Visual and Touch Inspection	✓ Pass ✗ Fail Criteria
<ul> <li>✗ Cuts, nicks, or tears</li> <li>✗ Broken fibers/cracks</li> <li>✗ Overall deterioration</li> <li>✗ Modifications by user</li> <li>✗ Fraying/Abrasions</li> <li>✗ Discoloration of material</li> <li>✗ Hard or shiny spots</li> <li>✗ Change in core size</li> <li>✔ Mildew</li> <li>✗ Undue stitching</li> <li>✗ Burnt, charred, or melted fibers</li> <li>✗ Material marked w/permanent marker</li> <li>✗ Excessive hardness or brittleness</li> <li>✗ Knots in lanyard</li> </ul>	Dependant on cause of discoloration Indicates heat damage Indicates possible fall Clean lanyard Indicates possible fall Indicates heat damage Check w/manufacturer Indicates heat or UV damage

### Stitching

**x** Pulled stitches

**X** Stitching that is missing

✗ Hard or shiny spots
Indicates heat damage

**X** Cut stitches

**X** ✓ Discoloration of stitching Dependant on cause of discoloration

### WEB LANYARDS INSPECTION GUIDELINES

### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

#### Visual and Touch Inspection

- ✔ Pass
- 🗶 Fail Criteria
- Snap hooks should be of the self-locking type
- ✗ No hook or eye distortion (twists, bends, or elongation)
- Latch/keeper should seat into the nose w/o binding
- ✗ Latch/keeper should not be distorted or obstructed
- ✗ Overall deterioration/Excessive wear
- **X** Modifications by the user
- **X** Rust/pitting/corrosion
- ✗ No cracks
- ✗ No missing parts
- X No excessive wear
- X No rough or sharp edges

### **Snap Hook Locking Mechanism**

- Disengage locking mechanism and open keeper (keeper should open freely)
- Disengage locking mechanism and release (locking mechanism should return to engaged position.

#### **Snap Hook Keeper**

- Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- Y Push on keeper without engaging locking mechanism (keeper should not open)
- Check to see the keeper is seated firmly on the snap hook nose – there should be no side play (lateral movement)

### **Tagging System**

Every lanyard must have a legible tag identifying the lanyard, model, date of manufacture, name of manufacturer, limitations, and warnings.

- Check tag for date of manufacture and remove from service if past adopted service life policy
- ✗ If tagging system is missing or not legible remove lanyard from service

#### Cleaning and Storage

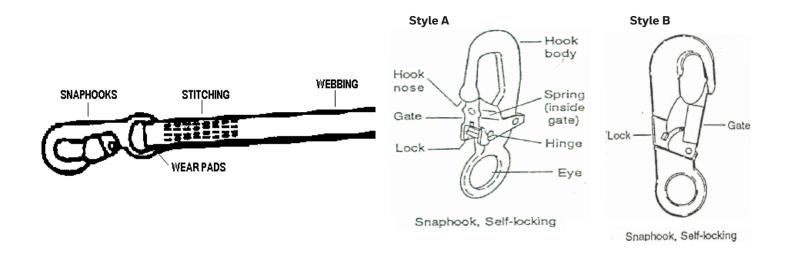
Wipe off all surface dirt with a sponge dampened in plain water. Squeeze the sponge dry. Dip the sponge in a mild solution of water and mild detergent. Work up a thick lather, with a vigorous back and forth motion. Then wipe dry with a clean cloth.

Hang freely to dry, but away from excessive heat, steam, or long periods of sunlight. Lanyards must be dry before storage.

Storage areas should be clean, dry, and free of exposure to fumes, heat, direct ultra violet light, sunlight, and corrosive elements.

Note: Do not store lanyards next to batteries, chemical attack on the lanyard can occur if battery leaks.

Description:	Model #:
Serial #:	Date of Manufacture:
Inspector:	Date Inspected:
Inspector Signature:	



Item #	Description	Fail X	Pass 🗸	Comments
	LANYARD			
	Webbing			
	Stitching			
	Wear Pads			
	Labeling (tags)			
	SNAPHOOK			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			

## WIRE ROPE LANYARDS INSPECTION GUIDELINES

### **Wire Rope**

Grasp the steel lanyard with your hands and rotate the lanyard, checking both sides. Watch for unusual wearing patterns on the wire. Broken strands or wires will separate from the body of the lanyard. To avoid hand injury always wear protective gloves when inspecting a wire rope lanyard.

Note: Unlike rigging inspection standards, wire rope used for the purpose of fall protection does not allow any broken wires or strands.

Visual and Touch Inspection

✔ Pass

X Fail Criteria

- X Cuts, frayed areas
- ✗ Worn or broken strands/wires
- ✗ Overall deterioration/Excessive outside wear
- **X** Modifications by user
- **X** Rust/pitting/corrosion
- ✗ Crushed/jammed or flattened strands
- X Bulges in rope
- **X** Gaps between strands
- X Heat damag, torch burns, or electric arc strikes
- X Kinks, bird-caging
- **X** Core protrusion
- X Do not use frozen rope

### **Fittings**

- **✗** Wear or cracks
- **X** Corrosion or pitting
- Deformation/bends
- **X** Mismatched parts or modification
- **✗** Obvious damage

#### **Splices**

- 🗶 Worn or broken wires
- X Crushed/jammed or flattened strands
- **X** Corrosion

## WIRE ROPE LANYARDS INSPECTION GUIDELINES

### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

#### Visual and Touch Inspection

- ✔ Pass
- 🗴 Fail Criteria

**Tagging System** 

- Snap hooks should be of the selflocking type
- ✗ No hook or eye distortion (twists, bends, or elongation)
- Latch/keeper should seat into the nose w/o binding
- Latch/keeper should not be distorted or obstructed
- **✗** Overall deterioration/Excessive wear
- **X** Modifications by the user
- **X** Rust/pitting/corrosion
- ✗ No cracks
- X No missing parts
- X No excessive wear
- X No rough or sharp edges

#### **Snap Hook Locking Mechanism**

- Disengage locking mechanism and open keeper (keeper should open freely)
- Disengage locking mechanism and release (locking mechanism should return to engaged position

### Cleaning and Storage

limitations, and warnings.

and remove from service

Wipe off all surface dirt, dust, and extra oils with a dry cloth.

Every lanyard must have a legible tag

identifying the lanyard, model, date of

manufacture, name of manufacturer,

✗ Check tag for date of manufacture

if past adopted service life policy

X If tagging system is missing or not

legible remove lanyard from service.

Storage areas should be clean, dry, and free of exposure to contaminants or corrosive elements.

### **Snap Hook Keeper**

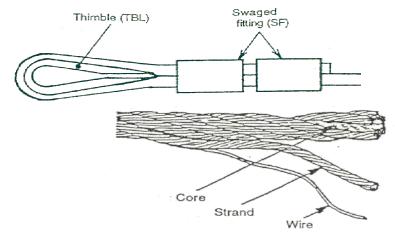
- Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- Y Push on keeper without engaging locking mechanism (keeper should not open)
- Check to see the keeper is seated firmly on the snap hook nose – there should be no side play (lateral movement

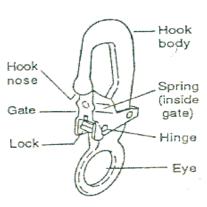
Description:	Model #:
Serial #:	Date of Manufacture:
Inspector:	Date Inspected:
Inspector Signature:	

 X FAIL:
 □ Initial

 PASS:
 □ Initial

 REMOVE FROM SERVICE
 RETURN TO SERVICE





Snaphook, Self-locking

Item #	Description	Fail X	Pass 🗸	Comments
	LANYARD			
	Broken Wires			
	Rust/Corrosion/Pitting			
	Deformations			
	Heat Damage			
	Fittings/Thimbles			
	Splices			
	Labeling (tags)			
	SNAPHOOK			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			

### SHOCK ABSORBERS -POUCH STYLE INSPECTION GUIDELINES

#### **Shock Absorbers - Pouch Style**

Examine the outer portion of the pack.

Visual and Touch Inspection	<b>✓</b> Pass
	🗴 Fail Criteria

- **X** Burn holes
- **✗** Tears/cuts
- **X** Modifications by user
- X Checmical attack
- **X** Obvious signs of deterioration

### Stitching

- **x** Pulled stitches
- **X** Stitching that is missing
- **✗** Hard or shiny spots Indicate
- **X** Cut stitches
- **XV** Discoloration of stitching
- **X** Obvious signs of deterioration

Indicates heat damage

Dependant on cause of discoloration

### **End Loops**

- **X** Cuts or frays
- **X** Obvious signs of deterioration

(There should be no damage to the end loops)

### SHOCK ABSORBERS -POUCH STYLE INSPECTION GUIDELINES

#### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

### Visual and Touch Inspection

- ✔ Pass
- X Fail Criteria
- ✗ Snap hooks should be of the self-locking type
- X No hook or eye distortion (twists, bends, or elongation)
- Latch/keeper should seat into the nose w/o binding
- Latch/keeper should not be distorted or obstructed
- **✗** Overall deterioration/Excessive wear
- **X** Modifications by the user
- **X** Rust/pitting/corrosion
- ✗ No cracks
- **X** No missing parts
- X No excessive wear
- X No rough or sharp edges

### **Snap Hook Locking Mechanism**

- Disengage locking mechanism and open keeper (keeper should open freely)
- ✗ Disengage locking mechanism and release (locking mechanism should return to engaged position

### **Snap Hook Keeper**

- ✗ Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- Push on keeper without engaging locking mechanism (keeper should not open)
- Check to see the keeper is seated firmly on the snap hook nose – there should be no side play (lateral movement)

### **Tagging System**

Every pouch must have a legible tag identifying the pouch, model, date of manufacture, name of manufacturer, limitations, and warnings.

- Check tag for date of manufacture and remove from service if past adopted service life policy
- ✗ If tagging system is missing or not legible remove lanyard from service.

#### Cleaning and Storage

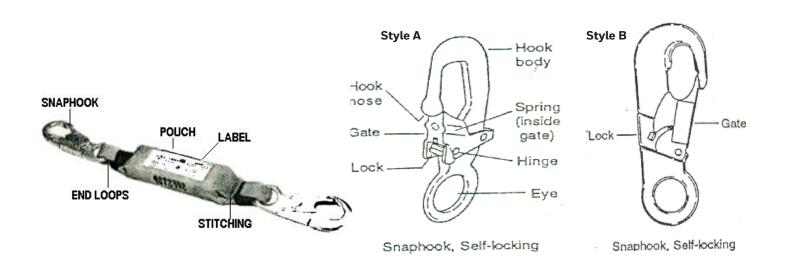
Wipe off all surface dirt with a sponge dampened in plain water. Squeeze the sponge dry. Then wipe away any excess moisture with a dry clean cloth.

Dry away from excessive heat, steam, or long periods of sunlight. Pouch must be dry before storage.

Storage areas should be clean, dry, and free of exposure to fumes, heat, direct ultra violet light, sunlight, and corrosive elements.

Note: Do not store pouch next to batteries, chemical attack on the lanyard can occur if battery leaks.

Description:	Model #:		
Serial #:	Date of Manufacture:		
Inspector:	Date Inspected:		
Inspector Signature:			



Item #	Description	Fail X	Pass 🗸	Comments
	LANYARD			
	Pouch Damage			
	Stitching			
	End Loops			
	Labeling (tags)			
	SNAPHOOK			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			

### SYNTHETIC ROPE -LIFELINES - TWISTED ROPES INSPECTION GUIDELINES

### **Twisted Ropes**

Grasp the rope with both hands and rotate the lifeline. Inspect strands from end to end. Remember to check inner strands for signs of damage, deterioration, or chemical attack.

Synthetic fiber ropes will show a reduction in strength when used at elevated temperatures. For exposure to excessive temperatures specific for the rope fiber refer to the rope manufacturer's specifications and instructions.

Damage and deterioration may not show up through a sight (visual) inspection only – manual (touch) the lanyard is equally important.

### **Rope Diameter**

Visual and Touch Inspection

Weakened areas from extreme loads will appear as a noticeable change in original diameter. The rope diameter should be uniform throughout. If areas appear to be reduced more than 5% from original rope diameter, remove from service (ie: 5/8" rope, 5% reduction would be approx. 1/32" – calipers can be used to measure.)

✔ Pass

	'	🗶 Fail Criteria
X	Fiber, cuts, or nicks	
X	Broken fibers	
X	Fuzzy of worn fibers	
X	Overall deterioration	
X	Modifications by user	
X	Fraying/Abrasions	
X	Hard or shiny spots	Indicates heat damage
X	Fused fibers or strands	Indicates heat damage
X	Change in original diameter	Indicates possible fall
X	Burnt, charred, or melted fibers	Indicates heat damage
X	✓ Material marked w/permanent marker	Check w/manufacturer
X	Kinks, hockling,* or knots	
X	✓ Discoloration of rope and brittle fibers	Dependant on cause of discoloration
	(such as splinters/slivers)	but may indicate chemical attack or UV degradation

<sup>\*</sup> **HOCKLING** – unraveling of the lanyard due to constant turning in the same direction or shock loading

### SYNTHETIC ROPE -LIFELINES - TWISTED ROPES INSPECTION GUIDELINES

### **Thimbles and Eyes**

Thimbles (steel or plastic) must be seated firmly in the eye. Thimbles must not show any sign of damage. Check around the eye itself for damage, wear, or deterioration.

Visual and Touch Inspection	<b>✓</b> Pass
	🗴 Fail Criteria

- Missing thimble(s)
- **X** Loose thimble(s)
- X Damaged thimble white stress marks, thimble collapsing over itself
- ✗ Eye damage due to cuts, nicks, abrasions, fraying, fused areas (look for same indicators as you would for the rope body itself)
- 🗶 Eyes with metal thimbles look for rust in or around the eye

#### **Rope Splices**

In the construction of the lifeline the rope is spliced around a plastic or metal thimble. Eye splices in twisted rope having three or more strands shall have a minimum of four tucks (ANSI Z359.1-1992.) (CSA-Z259.1-95 requires a minimum of five full tucks.) Both standards require the ends secured to prevent unraveling.

- ✗ Splices not secured properly from unraveling − look for tape, shrink wrap tube, stiffening agent (most common methods used by manufacturers)
- **X** Splices starting to unravel
- $m{x}$  Splices showing damage or deterioration (look for same indicators as you would for the rope itself)

### SYNTHETIC ROPE -LIFELINES - TWISTED ROPES INSPECTION GUIDELINES

### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

### Visual and Touch Inspection

- ✔ Pass
- ✗ Snap hooks should be of the self-locking type
- ✗ No hook or eye distortion (twists, bends, or elongation)
- ✗ Latch/keeper should seat into the nose w/o binding
- ✗ Latch/keeper should not be distorted or obstructed
- **✗** Overall deterioration/Excessive wear
- **X** Modifications by the user
- X Rust/pitting/corrosion
- X No cracks
- X No missing parts
- ✗ No excessive wear
- ✗ No rough or sharp edges

### **Snap Hook Locking Mechanism**

- ✗ Disengage locking mechanism and open keeper (keeper should open freely)
- ✗ Disengage locking mechanism and release (locking mechanism should return to engaged position

#### **Snap Hook Keeper**

- ✗ Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- ✗ Push on keeper without engaging locking mechanism (keeper should not open)
- Check to see the keeper is seated firmly on the snap hook nose – there should be no side play (lateral movement)

### **Tagging System**

X Fail Criteria

Lifelines must have a legible tag identifying the, model, date of manufacture, name of manufacturer, limitations, and warnings.

- ✗ Check tag for date of manufacture and remove from service if past adopted service life policy
- ✗ If tagging system is missing or not legible remove lanyard from service.

### Cleaning and Storage

Rope can be washed to remove dirt or abrasive particles. Use a solution of mild detergent and cold water. (Note that washing can remove any coatings that may have been added to enhance the performance of the product.)

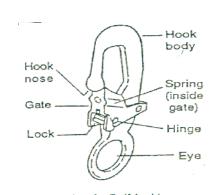
Hang freely to dry, but away from excessive heat, steam, or long periods of sunlight. Lifelines must be dry before storage.

Storage areas should be clean, dry and free of exposure to fumes, heat, direct ultra violet light, sunlight, and corrosive elements. Lifelines should be kept off the floor to provide ventilation underneath. Never store directly on a concrete or dirt floor.

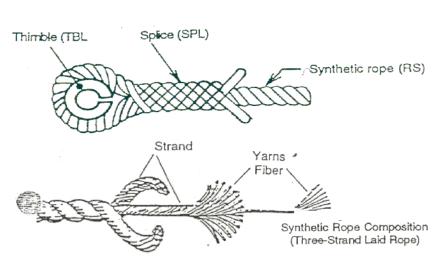
Note: Do not store lifelines next to batteries, chemical attack on the lifeline can occurs if battery leaks.

Description:	Model #:		
Serial #:	Date of Manufacture:		
Inspector:	Date Inspected:		
Inspector Signature:			

X FAIL: ☐ Initial\_\_\_\_\_ REMOVE FROM SERVICE ✓ PASS: ☐ Initial\_\_\_\_\_
RETURN TO SERVICE



Snaphook, Self-locking



Item#	Description	Fail X	Pass 🗸	Comments
	LANYARD			
	Rope Fibers			
	Rope Slices			
	Thimbles and Eyes			
	Rope Diameter			
	Labeling (tags)			
	Rope Hockling			
	SNAPHOOK			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			

### SYNTHETIC ROPE -LIFELINES - BRAIDED ROPES INSPECTION GUIDELINES

### **Braided Ropes**

Grasp the rope with both hands and rotate the lifeline. Run your hands along the entire length of lifeline. Inspect strands from end to end.

Synthetic fiber ropes will show a reduction in strength when used at elevated temperatures. For exposure to excessive temperatures specific for the rope fiber refer to the rope manufacturer's specifications and instructions.

Damage and deterioration may not show up through a sight (visual) inspection only – manual (touch) the lanyard is equally important.

### **Rope Diameter**

Weakened areas from extreme loads will appear as a noticeable change in original diameter. The rope diameter should be uniform throughout. If areas appear to be reduced more than 5% from original rope diameter, remove from service (ie: 5/8" rope, 5% reduction would be approx. 1/32" – calipers can be used to measure.)

Visual and Touch Inspection	<ul><li>✓ Pass</li><li>X Fail Criteria</li></ul>
✗ Check for pulled cover strands	More than 4 consecutive pulled cover strands (which cannot be reincorporated into cover braid) Remove from service
✗ Cover damage - core visible	
🗶 Core damage - pulled, cut, abraded, po	wdered, or melted strands
X Cover - cuts or nicks	
X Cover - broken fibers	
Overall deterioration	
<b>✗</b> Modifications by user	
Fraying/Abrasions	
✗ Hard or shiny spots	Indicates heat damage
<b>✗</b> Fused fibers or strands	Indicates heat damage
🗴 Change in original diameter	Indicates possible fall
🗴 Burnt, charred, or melted fibers	Indicates heat damage
<b>x</b> ✓ Material marked w/permanent marke	r Check w/manufacturer
Knots or kinks	
$ ilde{ imes}$ Discoloration of rope and brittle fiber	s Dependant on cause of discoloration
(such as splinters/slivers)	but may indicate chemical attack or UV degradation

### SYNTHETIC ROPE -LIFELINES - BRAIDED ROPES INSPECTION GUIDELINES

### **Thimbles and Eyes**

Thimbles (steel or plastic) must be seated firmly in the eye. Thimbles must not show any sign of damage. Check around the eye itself for damage, wear, or deterioration.

Visual and Touch Inspection

✔ Pass

🗶 Fail Criteria

- Missing thimble(s)
- ✗ Loose thimble(s)
- X Damaged thimbles white stress marks, thimble collapsing over itself
- X Damage to female side of eye (side in contact with thimble)
- ✗ Eye damage due to cuts, nicks, abrasions, fraying, fused areas (look for same indicators as you would for the rope body itself)
- 🗶 Eyes with metal thimbles look for rust in or around the eye

### **Fittings**

- **✗** Wear or cracks
- **X** Corrosion or pitting
- **X** Deformation/bends
- **X** Mismatched parts or modifications
- 🗶 Obvious damage

### SYNTHETIC ROPE -LIFELINES - BRAIDED ROPES INSPECTION GUIDELINES

### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

Visual and Touch Inspection	<b>✓</b> Pass
	🗴 Fail Criteria

- X Snap hooks should be of the self-locking type
- $\boldsymbol{x}$  No hook or eye distortion (twists, bends, or elongation)
- X Latch/keeper should seat into the nose w/o binding
- ✗ Latch/keeper should not be distorted or obstructed
- **✗** Overall deterioration/Excessive wear
- **X** Modifications by the user
- **✗** No cracks
- X No excessive wear

- **X** Rust/pitting/corrosion
- ✗ No missing parts
- X No rough or sharp edges

#### **Snap Hook Locking Mechanism**

- ✗ Disengage locking mechanism and open keeper (keeper should open freely)
- ✗ Disengage locking mechanism and release (locking mechanism should return to engaged position

### **Snap Hook Keeper**

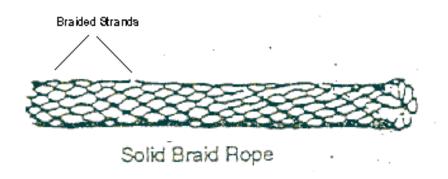
- ✗ Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- **✗** Push on keeper without engaging locking mechanism (keeper should not open)
- ✗ Check to see the keeper is seated firmly on the snap hook nose − there should be no side play (lateral movement)

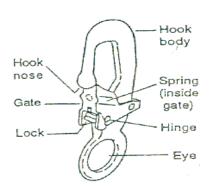
### **Tagging System**

Date of manufacture and length of lifeline can be found on one of the metal ferrules.

- ✗ Check tag for date of manufacture and remove from service if past adopted service life policy
- ✗ If tagging system is missing or not legible remove lanyard from service

Description:	Model #:		
Serial #:	Date of Manufacture:		
Inspector:	Date Inspected:		
Inspector Signature:			





Snaphook, Self-locking

Item #	Description	Fail X	Pass 🗸	Comments
	Rope Fibers			
	Cover Damage			
	Thimbles and Eyes			
	Fittings			
	Labeling (tags)			
	Discoloration			
	SNAPHOOK			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			

### **SYNTHETIC ROPE-**LIFELINES -KERNMANTLE ROPES INSPECTION GUIDELINES

### **Kernmantle Ropes**

Grasp the rope with both hands and rotate the lifeline. Run your hands along the entire length of lifeline. Inspect strands from end to end.

Synthetic fiber ropes will show a reduction in strength when used at elevated temperatures. For exposure to excessive temperatures specific for the rope fiber refer to the rope manufacturer's specifications and instructions.

Damage and deterioration may not show up through a sight (visual) inspection only - manual (touch) the lanyard is equally important.

### **Rope Diameter**

Weakened areas from extreme loads will appear as a noticeable change in original diameter. The rope diameter should be uniform throughout. If areas appear to be reduced more than 5% from original rope diameter, remove from service (ie: 5/8" rope, 5% reduction would be approx. 1/32" – calipers can be used to measure.)

Visual and Touch Inspection	<b>✓</b> Pass
	🗴 Fail Criteria

- **X** Extremely fuzzy cover
- ✗ Check for bulges/lumps & flat spots
- X Cover damage core visible
- ✗ Check for indication of inner core damage rope will have an hourglass shape
- X Core damage pulled, cut, abraded, powdered, or melted strands
- X Cover cuts or nicks
- X Cover broken fibers
- **X** Overall deterioration
- **X** Modifications by user
- ✗ Fraying/Abrasions
- X Compacted or hard/shiny spots
- **X** Fused fibers or strands Indicates heat damage X Change in original diameter Indicates possible fall X Burnt, charred, or melted fibers Indicates heat damage **X** ✓ Material marked w/permanent marker Check w/manufacturer
- **X** Knots or kinks
- (such as splinters/slivers)

XV Discoloration of rope and brittle fibers Dependant on cause of discoloration but may indicate chemical attack or UV degradation

### SYNTHETIC ROPE -LIFELINES -KERNMANTLE ROPES INSPECTION GUIDELINES

### **Thimbles and Eyes**

Thimbles (steel or plastic) must be seated firmly in the eye. Thimbles must not show any sign of damage. Check around the eye itself for damage, wear or deterioration.

Visual and Touch Inspection	<b>✓</b> Pass
	<b>✗</b> Fail Criteria

- Missing thimble(s)
- Loose thimble(s)
- **X** Damaged thimbles
- ✗ Damage to female side of eye (side in contact with thimble)
- ✗ Eye damage due to cuts, nicks, abrasions, fraying, fused areas (look for same indicators as you would for the rope body itself)
- 🗶 Eyes with metal thimbles look for rust in or around the eye

#### **Fittings**

- **✗** Wear or cracks
- **X** Corrosion or pitting
- **X** Deformation/bends
- **X** Mismatched parts or modifications
- **✗** Obvious damage

### SYNTHETIC ROPE -LIFELINES -KERNMANTLE ROPES INSPECTION GUIDELINES

#### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

Visual and Touch Inspection	<b>✓</b> Pass
	🗴 Fail Criteria

- **✗** Snap hooks should be of the self-locking type
- X No hook or eye distortion (twists, bends, or elongation)
- ✗ Latch/keeper should seat into the nose w/o binding
- X Latch/keeper should not be distorted or obstructed
- **✗** Overall deterioration/Excessive wear
- ✗ Modifications by the user
- ✗ No cracks
- X No excessive wear

- **X** Rust/pitting/corrosion
- **X** No missing parts
- ✗ No rough or sharp edges

#### **Snap Hook Locking Mechanism**

- ✗ Disengage locking mechanism and open keeper (keeper should open freely)
- ✗ Disengage locking mechanism and release (locking mechanism should return to engaged position

### **Snap Hook Keeper**

- ✗ Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- ✗ Push on keeper without engaging locking mechanism (keeper should not open)
- ✗ Check to see the keeper is seated firmly on the snap hook nose − there should be no side play (lateral movement)

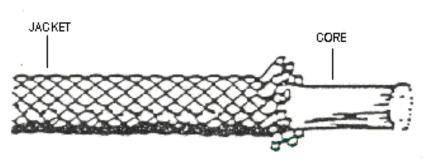
#### **Tagging System**

Date of manufacturer can be found on one of the metal ferrules.

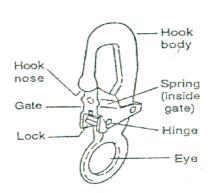
- ✗ Check tag for date of manufacture and remove from service if past adopted service life policy
- ✗ If tagging system is missing or not legible remove lanyard from service

Description:	Model #:		
Serial #:	Date of Manufacture:		
Inspector:	Date Inspected:		
Inspector Signature:			

X FAIL: ☐ Initial\_\_\_\_\_ REMOVE FROM SERVICE ✓ PASS: ☐ Initial\_\_\_\_\_ RETURN TO SERVICE



Static Kernmantle Rope



Snaphook, Self-locking

Item#	Description	Fail X	Pass 🗸	Comments
	Rope Diameter			
	Cover Damage			
	Thimbles and Eyes			
	Fittings			
	Labeling (tags)			
	Discoloration			
	SNAPHOOK			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			

## **SYNTHETIC ROPE-**LIFELINES - POLYSTEEL INSPECTION GUIDELINES

### **Polysteel**

Grasp the rope with both hands and rotate the lifeline. Run your hands along the entire length of lifeline. Inspect strands from end to end.

Synthetic fiber ropes will show a reduction in strength when used at elevated temperatures. For exposure to excessive temperatures specific for the rope fiber refer to the rope manufacturer's specifications and instructions.

Damage and deterioration may not show up through a sight (visual) inspection only - manual (touch) the lanyard is equally important.

### **Rope Diameter**

Weakened areas from extreme loads will appear as a noticeable change in original diameter. The rope diameter should be uniform throughout. If areas appear to be reduced more than 5% from original rope diameter, remove from service (ie: 5/8" rope, 5% reduction would be approx. 1/32" – calipers can be used to measure.)

٧	isual and Touch Inspection	<ul><li>✓ Pass</li><li>X Fail Criteria</li></ul>
X	Fiber cuts or nicks	
✗ Broken fibers		
X	Fuzzy or worn fibers	
X	Overall deterioration	

✗ Fraying/Abrasions X Hard or shiny spots Indicates heat damage **X** Fused fibers or strands Indicates heat damage X Change in original diameter Indicates possible fall X Burnt, charred, or melted fibers Indicates heat damage **XV** Material marked w/permanent marker Check w/manufacturer

X Kinks, hockling,\* or knots

**X** Modifications by user

XV Discoloration of rope and brittle fibers Dependant on cause of discoloration (such as splinters/slivers)

but may indicate chemical attack or UV degradation

\* **HOCKLING** - unraveling of the lanyard due to constant turning in the same direction or shock loading

## SYNTHETIC ROPE -LIFELINES - POLYSTEEL INSPECTION GUIDELINES

#### **Thimbles and Eyes**

Thimbles (steel or plastic) must be seated firmly in the eye. Thimbles must not show any sign of damage. Check around the eye itself for damage, wear or deterioration.

Visual and Touch Inspection	<b>✓</b> Pass
	🗴 Fail Criteria

- **X** Missing thimble(s)
- **X** Loose thimble(s)
- X Damaged thimbles white stress marks, thimble collapsing over itself
- X Damage to female side of eye (side in contact with thimble)
- ✗ Eye damage due to cuts, nicks, abrasions, fraying, fused areas (look for same indicators as you would for the rope body itself)
- 🗶 Eyes with metal thimbles look for rust in or around the eye

#### **Rope Splices**

In the construction of the lifeline the rope is spliced around a plastic or metal thimble. Eye splices in twisted rope having three or more strands shall have a minimum of four tucks (ANSI Z359.1-1992.) (CSA-Z259.1-95 requires a minimum of five full tucks.) Both standards require the ends secured to prevent unraveling.

- ✗ Splices not secured properly from unraveling − look for tape, shrink wrap tube, stiffening agent (most common methods used by manufacturers)
- **X** Splices starting to unravel
- ✗ Splices showing damage or deterioration (look for same indicators as you would for the rope itself)

## SYNTHETIC ROPE -LIFELINES - POLYSTEEL INSPECTION GUIDELINES

#### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

Visual and Touch Inspection	<b>✓</b> Pass
	🗴 Fail Criteria

- X Snap hooks should be of the self-locking type
- ✗ No hook or eye distortion (twists, bends, or elongation)
- **✗** Latch/keeper should seat into the nose w/o binding
- X Latch/keeper should not be distorted or obstructed
- **✗** Overall deterioration/Excessive wear
- **X** Modifications by the user
- **✗** No cracks
- X No excessive wear

- ✗ Rust/pitting/corrosion
- **X** No missing parts
- ✗ No rough or sharp edges

#### **Snap Hook Locking Mechanism**

- ✗ Disengage locking mechanism and open keeper (keeper should open freely)
- ✗ Disengage locking mechanism and release (locking mechanism should return to engaged position

#### **Snap Hook Keeper**

- ✗ Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- **✗** Push on keeper without engaging locking mechanism (keeper should not open)
- ✗ Check to see the keeper is seated firmly on the snap hook nose − there should be no side play (lateral movement)

#### **Tagging System**

Lifelines must have a legible tag identifying the, model, date of manufacture, name of manufacturer, limitations, and warnings.

- ✗ Check tag for date of manufacture and remove from service if past adopted service life policy
- **✗** If tagging system is missing or not legible remove lanyard from service.

## INSPECTION CHECKLIST -FALL PROTECTION EQUIPMENT

Description:	Model #:
Serial #:	Date of Manufacture:
Inspector:	Date Inspected:
Inspector Signature:	

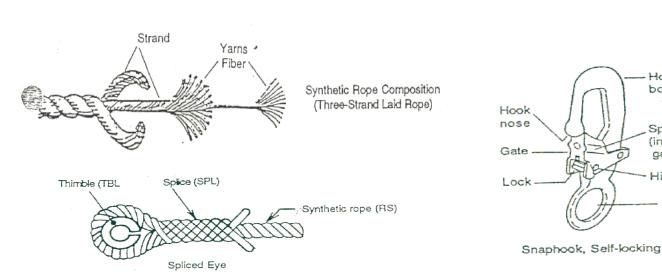
Hook

body

Spring (inside

gate) Hinge

- Eye



Item#	Description	Fail X	Pass 🗸	Comments
	Rope Fibers			
	Rope Splices			
	Thimbles and Eyes			
	Rope Diameter			
	Labeling (tags)			
	Rope Hockling			
	SNAPHOOK			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			

## WIRE ROPE LIFELINES INSPECTION GUIDELINES

#### **Wire Rope**

Grasp the lifeline with your hands and rotate the lanyard, checking both sides. Watch for unusual wearing patterns on the wire. Broken strands or wires will separate from the body of the lanyard. To avoid hand injury always wear protective gloves when inspecting a wire rope lanyard.

Note: Unlike rigging inspection standards, wire rope used for the purpose of fall protection is not allowed any broken wires or strands.

Visual and Touch Inspection 

✓ Pass

✓ Fail Criteria

- **✗** Cuts, frayed areas
- ✗ Worn or broken strands/wires
- **✗** Overall deterioration/Excessive outside wear
- **X** Modifications by the user
- **X** Rust/pitting/corrosion
- **✗** Crushed/jammed or flattened strands
- X Bulges in rope
- **X** Gaps between strands
- X Heat damage, torch burns, or electric arc strikes
- X Kinks, bird-caging
- **X** Core protrusion
- X Do not use frozen rope

#### **Fittings**

- **✗** Wear or cracks
- **X** Corrosion or pitting
- ✗ Deformation/bends
- **X** Mismatched parts or modifications
- **✗** Obvious damage

#### **Splices**

- 🗶 Worn or broken wires
- **✗** Crushed/jammed or flattened strands
- **X** Corrosion

## WIRE ROPE LIFELINES INSPECTION GUIDELINES

#### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

Visual and Touch Inspection	✓ Pass
	🗶 Fail Criteria

- X Snap hooks should be of the self-locking type
- X No hook or eye distortion (twists, bends, or elongation)
- **✗** Latch/keeper should seat into the nose w/o binding
- X Latch/keeper should not be distorted or obstructed
- **✗** Overall deterioration/Excessive wear
- ✗ Modifications by the user
  ✗ Rust/pitting/corrosion
- ✗ No cracks
  ✗ No missing parts
- ✗ No excessive wear
  ✗ No rough or sharp edges

#### **Snap Hook Locking Mechanism**

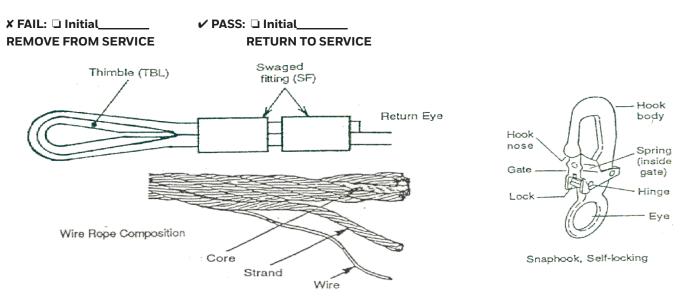
- ✗ Disengage locking mechanism and open keeper (keeper should open freely)
- $m{x}$  Disengage locking mechanism and release (locking mechanism should return to engaged position

#### **Snap Hook Keeper**

- ✗ Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- ✗ Push on keeper without engaging locking mechanism (keeper should not open)
- ✗ Check to see the keeper is seated firmly on the snap hook nose − there should be no side play (lateral movement)

## INSPECTION CHECKLIST -FALL PROTECTION EQUIPMENT

Description:	Model #:
Serial #:	Date of Manufacture:
Inspector:	Date Inspected:
Inspector Signature:	



Item#	Description	Fail X	Pass 🗸	Comments
	WIRE ROPE			
	Broken Wires			
	Rust/Corrosion/Pitting			
	Deformations			
	Heat Damage			
	Fittings/Thimbles			
	Splices			
	Labeling (tags)			
	SNAPHOOK			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			

#### Self Retracting Lanyard - Complete w/Webbing Lifeline

This type of SRL is usually 8' to 10' in length and the housing/cover is not permanently affixed to the unit.

When inspecting a self retracting lanyard, be sure to pull out all the lifeline material. Lifeline material must be inspected end to end.

Test methods employed will be:

- 1) Lanyard Retraction & Tension Test: tests the lifelines tension & ability to retract
- 2) Braking Test: tests the braking mechanism is working and engaging.

#### Visual and Touch Inspection

✔ Pass

**✗** Fail Criteria

- ✗ Check load impact indicator\* for activation (if retractable is equipped with one)
- **X** Loose fasteners
- X Physical damage or missing parts
- X Cracks or wear
- X Check all connecting areas no deformations allowed
- **X** Corrosion
- **X** Overall deterioration
- **X** Modifications by user
- **✗** Bent, cracked, distorted, worn, or malfunctioning parts
- 🗶 Inspect lifeline for cuts, burns, corrosion, kinks, frays, or worn areas
- ✗ Inspect lifeline sewing for loose, broken, or damaged stitches
- ✗ Inspect lifeline for discoloration, brittleness, melted fibers, shiny/hard spots
- ✗ Inspect housing inside and out for deformations, cracks, physical damage
- ★ Check for paint, dirt, grease or other materials (contaminants)
  Remove contaminants as per manufacturer's instructions

Note: The load impact indicator\* can be a fold sewn into the webbing lifeline above the snap hook A warning flag is included and will be exposed should the lifeline be subjected to fall arresting forces.

#### Material required to conduct tests

- 1) Anchor point (ie: tripod or similar device)
- 2) Self Retracting Lifeline

#### **Lanyard Retraction & Tension Test**

The purpose of the lanyard retraction & tension test is to ensure the lifeline is retracting smoothly into and out of the housing.

#### Steps

- 1) Mount self retracting lanyard on anchorage point
- 2) Pull out 50% of the lifeline length
- 3) Maintain a light tension on the lifeline
- 4) Allow lifeline to retract back into housing (Always maintain light tension when lifeline is retracting)

Note: If lifeline does not pull out smoothly or sticks when retracting, pull all of the lifeline out of the housing and allow it to retract slowly under tension. Then repeat the above test.

#### Result

The lifeline should pull out freely and retract all the way back into the unit. Remove from service if device does not pass this test.

#### **Braking Test**

The purpose of the braking test is to ensure that the retractable's braking mechanism is working and engaging.

#### Steps

- 1) Mount self retracting lanyard on anchorage point
- 2) Grasp lifeline and apply a sharp steady pull downward until brakes engage
- 3) Keep tension on lifeline until brakes are fully engaged
- 4) Release tension
- 5) Allow lifeline to retract into housing under light tension

#### Result

Brakes should engage. There should be no slippage of the lifeline while the brakes are engaged. Once tension is released, the brakes should disengage and the unit should return to retractable mode. Remove from service if device does not pass this test.

#### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

#### Visual and Touch Inspection

- ★ Snap hooks should be of the self-locking type
- ✗ No hook or eye distortion (twists, bends, or elongation)
- ✗ Latch/keeper should seat into the nose w/o binding
- ✗ Latch/keeper should not be distorted or obstructed
- **✗** Overall deterioration/Excessive wear
- **X** Modifications by the user
- **X** Rust/pitting/corrosion
- **✗** No cracks
- X No missing parts
- X No excessive wear
- **✗** No rough or sharp edges

#### **Snap Hook Locking Mechanism**

- ✗ Disengage locking mechanism and open keeper (keeper should open freely)
- ✗ Disengage locking mechanism and release (locking mechanism should return to engaged position.

#### **Snap Hook Keeper**

- ✗ Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- ✗ Push on keeper without engaging locking mechanism (keeper should not open)
- Check to see the keeper is seated firmly on the snap hook nose – there should be no side play (lateral movement)

- ✔ Pass
- X Fail Criteria

#### **Swivel Connectors**

- ✗ Swivel connections must not be loose and be allowed to swivel freely as designed
- ✗ No physical damage, cracks, bends, deformations

#### **Tagging System**

Every retractable should have a identification system, with details such as model, date of manufacture, name of manufacturer, limitations, and warnings.

- ✗ Check tag for date of manufacture and remove from service if past adopted service life policy
- ✗ If tagging system is missing or not legible remove lanyard from service.

#### **Cleaning and Storage**

Periodically clean the exterior of the device and wipe the lifeline using a damp cloth and mild detergent. Towel dry.

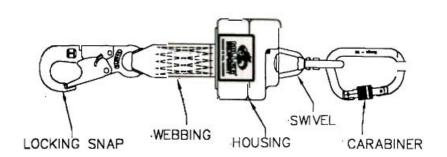
Store in a clean dry location, free of exposure to fumes, heat, direct ultra violet light, sunlight, and corrosive elements.

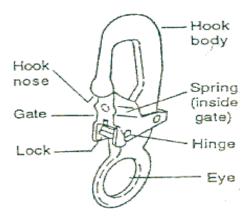
The lifeline should be fully retracted into the unit when not in use. Failure to do so on some models may cause premature weakening of the mainspring resulting in a loss of lifeline retraction.

## INSPECTION CHECKLIST -FALL PROTECTION EQUIPMENT

Description:	Model #:
Serial #:	Date of Manufacture:
Inspector:	Date Inspected:
Inspector Signature:	

**X** FAIL: □ Initial\_\_\_\_\_ REMOVE FROM SERVICE ✓ PASS: ☐ Initial\_\_\_\_\_
RETURN TO SERVICE

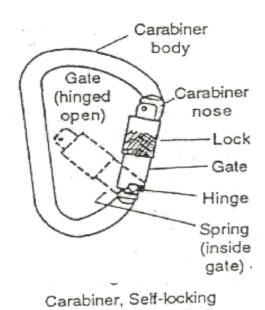


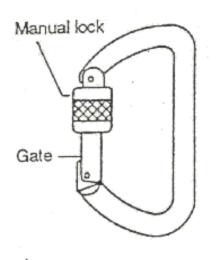


Snaphook, Self-locking

Item #	Description	Fail X	Pass 🗸	Comments
	Load Impact Indicator			
	Webbing			
	Stitching			
	Labeling (tags)			
	Deformation			
	Housing			

Item#	Description	Fail X	Pass 🗸	Comments
	SNAPHOOK			If applicable, see carabiners
	Swivel Connectors			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			
	TESTS			
	Retraction and Tension			
	Braking Test			





Carabiner Manual-locking

Item#	Description	Fail X	Pass 🗸	Comments
	CARABINER			
	Carabiner Body			
	Carabiner Nose			
	Gate (hinged open)			
	Lock			
	Gate			
	Hinge			
	Spring (inside gate)			
	Manual Lock			

#### Self Retracting Lanyard - Webbing or Wire Rope Lifeline

This type of SRL is usually 20' in length or greater. The housing/cover will be non field removable and will require special tools to open. Do not open unit unless you have been authorized and trained by the manufacturer.

Note: Manufacturers may require that the unit be sent in for an annual inspection – check owners manual for details.

When inspecting a self retracting lanyard be sure to pull out all the lifeline material. Lifeline material must be inspected end to end.

Test methods employed will be:

- 1) Lanyard Retraction & Tension Test: tests the lifelines tension & ability to retract
- 2) Braking Test: tests the braking mechanism is working and engaging.

Visual and Touch Inspection	<b>✓</b> Pass
	🗴 Fail Criteria

#### Housing/Cover

- X Ensure casing bolts are tight
- **X** Loose fasteners
- **X** Missing parts
- X Cracks or wear
- ✗ Check all connecting areas no deformations allowed
- **X** Corrosion
- X Overall deterioration
- **X** Modifications by user
- Physical damage
- X Bent, cracked, distorted, worn, or malfunctioning parts

#### Load Impact Indicator

**✗** Check load impact indicator\* for activation (if retractable is equipped with one)

Note: The load impact indicator\* may be located in the lanyard above the snap hook. A label will be exposed when subjected to fall arresting forces. The load impact indicator may also be located on the snaphook or the unit itself. Check manufacturer's operation and installation instructions for exact location.

#### Webbing

Visual and Touch Inspection

X Knots in lanyard

Grasp the webbing with your hands and bend the webbing, checking both sides. This creates surface tension making damaged fibers or cuts easier to see. Webbing damage may not show up through a sight (visual) inspection only – manual (touch) inspection of the lanyard is equally important.

. / Dana

visual and Touch Inspection	<ul><li>✗ Fail Criteria</li></ul>
<ul> <li>X Cuts, nicks, or tears</li> <li>X Broken fibers/cracks</li> <li>X Overall deterioration</li> <li>X Modifications by user</li> <li>X Fraying/Abrasions</li> </ul>	
<b>X</b> ✓ Discoloration of material	Dependant on cause of discoloration
✗ Hard or shiny spots	Indicates heat damage
✗ Change in core size	Indicates possible fall
✓ Mildew	Clean lanyard
<b>✗</b> Undue stitching	Indicates possible fall
🗶 Burnt, charred, or melted fibers	Indicates heat damage
🗶 Material marked w/permanent marker	Check w/manufacturer
✗ Excessive hardness or brittleness	Indicates heat or UV damage

#### Wire Rope

Grasp the steel lanyard with your hands and rotate the lanyard, checking both sides. Watch for unusual wearing patterns on the wire. Broken strands or wires will separate from the body of the lanyard. To avoid hand injury always wear protective gloves when inspecting a wire rope lanyard.

Note: Unlike rigging inspection standards, wire rope used for the purpose of fall protection is not allowed any broken wires or strands.

Visual and Touch Inspection

✔ Pass

X Fail Criteria

- X Cuts, frayed areas
- ✗ Worn or broken strands/wires
- ✗ Overall deterioration/Excessive outside wear
- **X** Modifications by user
- ✗ Rust/pitting/corrosion
- **✗** Crushed/jammed or flattened strands
- **X** Bulges in rope
- **X** Gaps between strands
- ✗ Heat damage, torch burns, or electric arc strikes
- ✗ Kinks, bird-caging
- **X** Core protrusion
- X Do not use frozen rope

#### **Fittings**

- **✗** Wear or cracks
- **X** Corrosion or pitting
- ✗ Deformation/bends
- **X** Mismatched parts or modifications
- X Obvious damage

#### **Splices**

- ✗ Worn or broken wires
- ✗ Crushed/jammed or flattened strands
- **X** Corrosion

#### Material required to conduct tests

- 1) Anchor point (ie: tripod or similar device)
- 2) Self Retracting Lifeline

#### **Lanyard Retraction & Tension Test**

Do not pull lifeline out of the housing or let it retract while the unit is laying flat. Always inspect and operate the unit in a mounted position.

The purpose of the lanyard retraction & tension test is to ensure the lifeline is retracting smoothly into and out of the housing.

#### Steps

- 1) Mount self retracting lanyard on anchorage point
- 2) Pull out 50% of the lifeline length
- 3) Maintain a light tension on the lifeline, approx. 0.45 kg (1 lb)
- 4) Allow lifeline to retract back into housing (Always maintain light tension when lifeline is retracting)
- 5) Repeat Steps 2 to 4 this time pulling out 100% of lifeline length

### Do Not allow lifeline to retract into housing uncontrolled – this could result in injury and damage to the unit.

Note: If lifeline does not pull out smoothly or sticks when retracting, pull the entire lifeline out of the housing and allow it to retract slowly under tension. Then repeat the above test.

#### Result

The lifeline should pull out freely and retract all the way back into the unit. Remove from service if device does not pass this test.

#### **Braking Test**

The purpose of the braking test is to ensure that the retractable's braking mechanism is working and engaging.

#### Steps

- 1) Mount retractable on anchorage point
- 2) Grasp lifeline and apply a sharp steady pull downward until brakes engage
- 3) Keep tension on lifeline until brakes are fully engaged
- 4) Release tension
- 5) Allow lifeline to retract into housing under light tension

#### Result

Brakes should engage. There should be no slippage of the lifeline while the brakes are engaged. Once tension is released, the brakes should disengage and the unit should return to retractable mode. Remove from service if device does not pass this test.

#### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

#### Visual and Touch Inspection

- ✗ Snap hooks should be of the self-locking type
- ✗ No hook or eye distortion (twists, bends, or elongation)
- ✗ Latch/keeper should seat into the nose w/o binding
- ✗ Latch/keeper should not be distorted or obstructed
- **✗** Overall deterioration/Excessive wear
- X Modifications by the user
- **X** Rust/pitting/corrosion
- ✗ No cracks
- X No missing parts
- **✗** No excessive wear
- **X** No rough or sharp edges

#### **Snap Hook Locking Mechanism**

- ✗ Disengage locking mechanism and open keeper (keeper should open freely)
- ✗ Disengage locking mechanism and release (locking mechanism should return to engaged position

#### **Snap Hook Keeper**

- ✗ Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- ✗ Push on keeper without engaging locking mechanism (keeper should not open)
- Check to see the keeper is seated firmly on the snap hook nose – there should be no side play (lateral movement)

- ✔ Pass
- X Fail Criteria

#### **Swivel Connectors**

- ✗ Swivel connections must not be loose and be allowed to swivel freely as designed
- No physical damage, cracks, bends, deformations

#### **Tagging System**

Every retractable should have an identification system, with details such as model, date of manufacture, name of manufacturer, limitations, and warnings.

- Check tag for date of manufacture and remove from service if past adopted service life policy
- ✗ If tagging system is missing or not legible remove lanyard from service

#### Cleaning and Storage

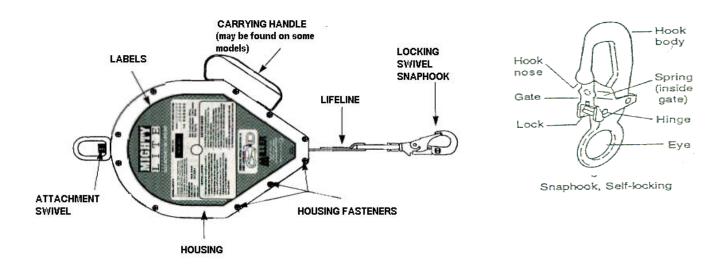
Periodically clean the exterior of the device and wipe the lifeline using a damp cloth and mild detergent. Towel dry.

Store in a clean dry location, free of exposure to fumes, heat, direct ultra violet light, sunlight, and corrosive elements.

The lifeline should be fully retracted into the unit when not in use. Failure to do so on some models may cause premature weakening of the mainspring resulting in a loss of lifeline retraction.

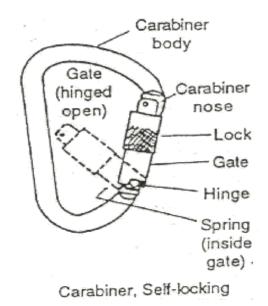
## INSPECTION CHECKLIST -FALL PROTECTION EQUIPMENT

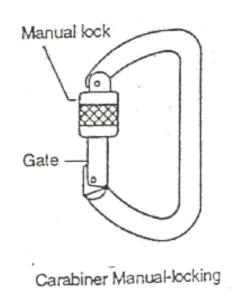
Description:	Model #:
Serial #:	Date of Manufacture:
Inspector:	Date Inspected:
Inspector Signature:	



Item #	Description	Fail X	Pass 🗸	Comments
	GENERAL			
	Load Impact Indicator			
	Housing Cover			
	Deformation			
	Labeling (tags)			
	SNAPHOOK			If applicable, see carabiners
	Swivel Connectors			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			

Item#	Description	Fail X	Pass 🗸	Comments
	LIFELINE - WEB			
	Webbing			
	Stitching			
	LIFELINE - WIRE ROPE			
	Broken Wires			
	Rust/Corrosion/Pitting			
	Deformations			
	Heat Damage			
	Fittings/Thimbles			
	Splices			
	TESTS			
	Retraction and Tension			
	Braking Test			





Item #	Description	Fail X	Pass 🗸	Comments
	CARABINER			
	Carabiner Body			
	Carabiner Nose			
	Gate (hinged open)			
	Lock			
	Gate			
	Hinge			
	Spring (inside gate)			
	Manual Lock			

#### Self Retracting Lifeline Complete w/ Recovery

This type of SRL will have the ability of retrieval via a winching mechanism. The housing/cover will be non-field removable and require special tools to open. Do not open unit unless you have been authorized and trained by the manufacturer.

Note: Manufacturers may require that the unit be sent in for an annual inspection – check owners manual for details.

When inspecting a self retracting lanyard be sure to pull out all the lifeline material. Lifeline material must be inspected end to end.

Test methods employed will be:

- 1) Lanyard Retraction & Tension Test: tests the lifelines tension & ability to retract
- 2) Braking Test: tests the braking mechanism is working and engaging
- 3) Retrieval Mode: tests the units retrieval mechanism

Visual and Touch Inspection	<b>✓</b> Pass
	<b>≭</b> Fail Criteria

#### Housing/Cover

- **X** Ensure casing bolts are tight
- **X** Loose fasteners
- **X** Missing parts
- X Cracks or wear
- X Check all connecting areas no deformations allowed
- **X** Corrosion
- Overall deterioration
- **X** Modifications by user
- X Physical damage
- ✗ Bent, cracked, distorted, worn, or malfunctioning parts

#### Load Impact Indicator

**✗** Check load impact indicator\* for activation (if retractable is equipped with one)

Note: The load impact indicator\* may be located in the lanyard above the snap hook. A label will be exposed when subjected to fall arresting forces. The load impact indicator may also be located on the snaphook or the unit itself. Check manufacturer's operation and installation instructions for exact location.

#### **Wire Rope**

Grasp the steel lanyard with your hands and rotate the lanyard, checking both sides. Watch for unusual wearing patterns on the wire. Broken strands or wires will separate from the body of the lanyard. To avoid hand injury always wear protective gloves when inspecting a wire rope lanyard.

Note: Unlike rigging inspection standards, wire rope used for the purpose of fall protection is not allowed any broken wires or strands.

Visual and Touch Inspection

✔ Pass

X Fail Criteria

- **X** Cuts, frayed areas
- ✗ Worn or broken strands/wires
- ✗ Overall deterioration/Excessive outside wear
- **X** Modifications by user
- **X** Rust/pitting/corrosion
- **✗** Crushed/jammed or flattened strands
- **X** Bulges in rope
- **X** Gaps between strands
- ✗ Heat damage, torch burns or electric arc strikes
- X Kinks, bird-caging
- **X** Core protrusion
- X Do not use frozen rope

#### **Fittings**

- **✗** Wear or cracks
- **X** Corrosion or pitting
- ✗ Deformation/bends
- **X** Mismatched parts or modifications
- ✗ Obvious damage

#### **Splices**

- ✗ Worn or broken wires
- **✗** Crushed/jammed or flattened strands
- **X** Corrosion

#### Material required to conduct tests

- 1) Anchor point (ie: tripod or similar device)
- 2) Self Retracting Lifeline

#### **Lanyard Retraction & Tension Test**

Do not pull lifeline out of the housing or let it retract while the unit is laying flat. Always inspect and operate the unit in a mounted position.

The purpose of the lanyard retraction & tension test is to ensure the lifeline is retracting smoothly into and out of the housing.

#### Steps

- 1) Mount self retracting lanyard on anchorage point
- 2) Pull out 50% of the lifeline length
- 3) Maintain a light tension on the lifeline, approx. 0.45 kg (1 lb)
- 4) Allow lifeline to retract back into housing (Always maintain light tension when lifeline is retracting)
- 5) Repeat Steps 2 to 4 this time pulling out 100% of lifeline length

### Do Not allow lifeline to retract into housing uncontrolled – this could result in injury and damage to the unit.

Note: If lifeline does not pull out smoothly or sticks when retracting, pull the entire lifeline out of the housing and allow it to retract slowly under tension. Then repeat the above test.

#### Result

The lifeline should pull out freely and retract all the way back into the unit. Remove from service if device does not pass this test.

#### **Braking Test**

The purpose of the braking test is to ensure that the retractable's braking mechanism is working and engaging.

#### Steps

- 1) Mount retractable on anchorage point
- 2) Grasp lifeline and apply a sharp steady pull downward until brakes engage
- 3) Keep tension on lifeline until brakes are fully engaged
- 4) Release tension
- 5) Allow lifeline to retract into housing under light tension

#### Result

Brakes should engage. There should be no slippage of the lifeline while the brakes are engaged. Once tension is released, the brakes should disengage and the unit should return to retractable mode. Remove from service if device does not pass this test.

#### **Retrieval Mode Test**

The purpose of the retrieval mode test is to ensure that the retractable's retrieval mechanism is working and engaging.

Note: some units when in the lowering position will require a minimum of 75 lbs

#### Steps

- 1) Mount self retracting lanyard on anchorage point
- 2) Grasp lifeline & pull out several feet of lifeline
- 3) Hold line in position, maintaining light tension on the line
- 4) Without engaging retrieval mode attempt to retrieve line Result - line should not retrieve unless unit has been activated
- 5) Now engage retrieval mode
- 6) Keeping light tension on the line use the winch handle to retrieve the line into the device

#### Result

Brakes should engage. There should be no slippage of the lifeline while the brakes are engaged. Once tension is released, the brakes should disengage and the unit should return to retractable mode. Remove from service if device does not pass this test.

#### **Snap Hooks**

Snap hooks should be of the self-locking type. Snap hooks are generally proof tested to 3,600 lbs and have minimum tensile strength of 5,000 lbs.

#### Visual and Touch Inspection

- ✔ Pass
- X Fail Criteria
- ✗ Snap hooks should be of the self-locking type
- ✗ No hook or eye distortion (twists, bends, or elongation)
- ✗ Latch/keeper should seat into the nose w/o binding
- ✗ Latch/keeper should not be distorted or obstructed
- **✗** Overall deterioration/Excessive wear
- **X** Modifications by the user
- ✗ Rust/pitting/corrosion
- X No cracks
- ✗ No missing parts
- **✗** No excessive wear
- 🗶 No rough or sharp edges

#### **Snap Hook Locking Mechanism**

- ✗ Disengage locking mechanism and open keeper (keeper should open freely)
- ✗ Disengage locking mechanism and release (locking mechanism should return to engaged position.

#### **Snap Hook Keeper**

- ✗ Check keeper spring action by opening the keeper and releasing (keeper should return to closed position without hanging up it should not close slowly)
- ✗ Push on keeper without engaging locking mechanism (keeper should not open)
- Check to see the keeper is seated firmly on the snap hook nose – there should be no side play (lateral movement)

#### **Swivel Connectors**

- ✗ Swivel connections must not be loose and be allowed to swivel freely as designed
- ✗ No physical damage, cracks, bends, deformations

#### **Tagging System**

Every retractable should have an identification system, with details such as model, date of manufacture, name of manufacturer, limitations, and warnings.

- Check tag for date of manufacture and remove from service if past adopted service life policy
- ✗ If tagging system is missing or not legible remove lanyard from service

#### **Cleaning and Storage**

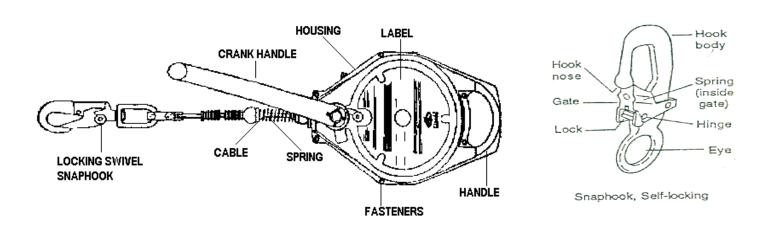
Periodically clean the exterior of the device and wipe the lifeline using a damp cloth and mild detergent. Towel dry.

Store in a clean dry location, free of exposure to fumes, heat, direct ultra violet light, sunlight, and corrosive elements.

The lifeline should be fully retracted into the unit when not in use. Failure to do so on some models may cause premature weakening of the mainspring resulting in a loss of lifeline retraction.

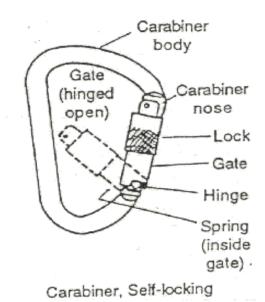
## INSPECTION CHECKLIST -FALL PROTECTION EQUIPMENT

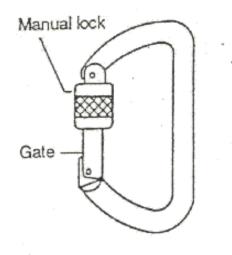
Description:	Model #:
Serial #:	Date of Manufacture:
Inspector:	Date Inspected:
Inspector Signature:	



Item#	Description	Fail X	Pass 🗸	Comments
	GENERAL			
	Load Impact Indicator			
	Housing Cover			
	Deformation			
	Labeling (tags)			
	SNAPHOOK			If applicable, see carabiners
	Swivel Connectors			
	Hook Body			
	Hook Nose			
	Gate (keeper)			
	Lock			
	Eye			
	Hinge			
	Spring (inside gate)			

Item#	Description	Fail X	Pass 🗸	Comments
	LIFELINE - WEB			
	Webbing			
	Stitching			
	LIFELINE - WIRE ROPE			
	Broken Wires			
	Rust/Corrosion/Pitting			
	Deformations			
	Heat Damage			
	Fittings/Thimbles			
	Splices			
	TESTS			
	Retraction and Tension			
	Braking Test			
	Retrieval Mode Test			





Carabiner Manual-locking

Item #	Description	Fail X	Pass 🗸	Comments
	CARABINER			
	Carabiner Body			
	Carabiner Nose			
	Gate (hinged open)			
	Lock			
	Gate			
	Hinge			
	Spring (inside gate)			
	Manual Lock			

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