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OSHA's Top 10 Most Frequently Cited Standards for Fiscal Year 2023



OSHA announced its latest "Top 10" during a session, hosted by *Safety+Health*, at the 2023 NSC Safety Congress & Expo in New Orleans, and three of the four most cited OSHA standards for the fiscal year 2023 are related to working at heights, including Fall Protection – General Requirements (1926.501), Ladders (1926.1053) and Scaffolding (1926.451).

For the 13th consecutive year, Fall Protection topped the list with 7,271 violations, which is a 23% increase in the number of violations compared to 2022.

Hazard communication (3,213 violations), Ladders (2,978 violations), Scaffolding (2,859 violations) and Powered industrial trucks (2,561 violations) rounded out the top five. Construction was a common theme among many entries on the top 10, as roofing contractors are the most common to cite many of the violations on the list, including Fall Protection.

The full ranked list of OSHA's Top 10 Safety Violations is as follows:

- Fall Protection - General Requirements (1926.501) - 7,271 Violations
- Hazard Communication (1910.1200) - 3,213 Violations
- Ladders (1926.1053) - 2,978 Violations
- Scaffolding (1926.451) - 2,859 Violations
- Powered Industrial Trucks (1910.178) - 2,561 Violations
- Lockout/Tagout (1910.147) - 2,554 Violations
- Respiratory Protection (1910.134) - 2,481 Violations
- Fall Protection - Training Requirements (1926.503) - 2,112 Violations
- Personal Protective and Lifesaving Equipment - Eye and Face Protection (1926.102) - 2,074 Violations
- Machine Guarding (1910.212) - 1,644 Violations

Understanding these violations and the associated risks is essential for creating safer workplaces and preventing accidents.

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SAF-T-BLOG



Did you know Saf-T-Gard has a blog on our website, which we post new articles to every three weeks? Authored by subject matter experts, including Richard A. Rivkin, Saf-T-Gard President and Chairman of the Board, and the world's leading safety manufacturers, the blog topics range from hazard identification, regulatory standards, and the latest technologies and innovations in safety to help safety managers, workers and business owners across all industries stay informed, make better decisions and work more efficiently. Whatever safety challenge you face, count on Saf-T-Gard to deliver trusted advice backed by more than 85 years of service.

Click [here](#) to browse and read our current selection of blog articles and click [here](#) to subscribe to our blog on LinkedIn to be automatically notified when new articles are posted.

Do you have a topic that you would like to see explored in a blog article? Please e-mail LSeminara@saf-tgard.com.

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Saf-T-Gard has been bringing workers home safely for more than 85 years, and we can do the same for you!

Since our establishment in 1936, Saf-T-Gard has enabled on-the-job safety, compliance and peace of mind for hundreds of thousands of workers and their families, by delivering superior safety products and solutions that protect against work-related hazards and prevent serious injuries. Click [here](#) to shop more than 14 different categories of safety products that can help prevent these OSHA citations and so much more, or call customer service at **1-800-548-GARD (4273)** today for more information or to place an order.

AVOID CITATIONS

Vendor Product Spotlight: PIP Bisley® Extreme Cold Workwear



Workers in extreme cold temperatures and cold storage workers face one of the toughest challenges - staying productive in the cold. The Bisley® Extreme Cold Collection by PIP was engineered with high-performance materials to provide advanced thermal protection against extreme cold climate hazards. Paired with a DuPont™ Sorona® Aura multi-layered sustainable sourced insulation, this collection of jackets, bibs and coveralls will provide workers with warmth to maintain productivity and comfort.

Additional features and benefits include the following:

- Waterproof polyester ripstop 300D with PU coating provides long-lasting water repellency
- Ripstop shell delivers added durability
- 26 oz. of multi-layer insulation, including 10.62 oz.

Sorona® Aura insulation for extra warmth in extreme cold conditions down to -51°F (-46°C)

- 50+ UPF Sun Protection
- Ideal for use in extreme cold climate, construction, cold storage and order selector applications
- Available in jackets (sizes Small – 5XL), bibs (sizes Small – 5XL) and coveralls (sizes Small – 4XL), in Hi-Viz orange and Hi-Viz yellow colors
- Sold individually



Saftgard.com makes it easier than ever for visitors to find exactly what they are looking for by utilizing a guided navigation layout with a fully-optimized "smart" search engine. The responsive design enables use and access to more than 6,000 products with enhanced product content and imagery on your PC, smart phone, or tablet.

Moreover, existing Saf-T-Gard customers can link their account to a new Saftgard.com web login to review ALL past orders and invoices, create a "wish list" of favorite items, save carts to simplify the ordering/reordering process and so much more! Buyers without an existing Saf-T-Gard account can register for one online, or they can still search, browse and order on Saftgard.com without a Saf-T-Gard account.

We invite you to spend a few minutes at Saftgard.com, and if you haven't already, please register for an account to enable online ordering. Click [here](#) for a shortcut to the registration page, and click [here](#) for detailed instructions on how to link your Saf-T-Gard account to a Saftgard.com web login.

Five Safety Tips



1. COLD WEATHER IS HERE - And that means hand protection for outdoor workers should have warm linings.

2. COLD WEATHER IS HERE - And that means head protection for outdoor workers must include warm helmet liners.

3. COLD WEATHER IS HERE - And that means fewer hours of daylight and reduced visibility - another reason for Hi-Viz reflective clothing.



343M6450X



318M6452T



344M6453X

Click [here](#) to shop the **PIP Bisley® Extreme Cold Workwear** online or call customer service at **1-800-548-GARD (4273)** today for more information or to place an order.

STAY PROTECTED AGAINST EXTREME COLD

The Power to Save Lives is in Your Hands with the ZOLL® AED Plus® in Stock at Saf-T-Gard



According to the Occupational Safety and Health Administration (OSHA), sudden cardiac arrest (SCA) accounts for 13% of all workplace fatalities and is the leading cause of death in the United States. Are you prepared to respond to an SCA emergency?

4. COLD WEATHER IS HERE - And that often means icy, slippery walkways and driveways - tungsten-carbide tipped rubber pullovers fit over any shoes or boots for superb traction.

5. COLD WEATHER IS HERE - And yes, that means colds are coming, too. Be sure you have enough industrial-pack cold remedy medicines on hand.

QUESTIONS Q&A ANSWERS



Question - Does 29 CFR 1910.151(b) only cover basic first aid?

Answer - Paragraph 1910.151(b) of OSHA's general industry standard, Medical services and first aid (29 CFR 1910.151), states, "In the absence of an infirmary, clinic, or hospital in near proximity to the workplace which is used for the treatment of all injured employees, a person or persons shall be adequately trained to render first aid. Adequate first aid supplies shall be readily available."

Employers should provide medical services and first aid that are most appropriate to respond to incidents at their workplaces. OSHA allows employers to tailor the specific details of their first aid and medical services program, depending on the circumstances of each workplace and employer.

Saf-T-Gard Spotlight



THE IMPORTANCE OF AEDs

Investing in AEDs and making early defibrillation a part of your emergency-response plan is important. Here's why:

- Defibrillation within three minutes of SCA increases the chances of survival to 70%. A shock within one minute of collapse raises the survival rate to 90%.
- Calling 911 is necessary but the wait for first responders may take too long. The average call-to-shock time in a typical community is nine minutes.
- OSHA now recommends AEDs in the workplace, and legislation in your state may require workplaces to provide them.

Saf-T-Gard has the **ZOLL® AED Plus® 8000-00-4007-01 Fully-Automatic Package** in stock and available for immediate shipment.

Only the **ZOLL® AED Plus®** is equipped with Real CPR Help® technology, giving the rescuer real-time feedback on the depth and rate of chest compressions during CPR. The sensor in the pads lets the AED see each chest compression and guides the rescuer, with prompts and a real-time bar gauge, to the recommended depth and rate of compressions.

Additional features and benefits include the following:

- Novel electrode design delivers a five-year shelf life and fits 99% of the population's chest anatomy
- Pull-tabs expose the conductive gel on each pad only when it is in direct contact with the skin, limiting the chance of gel contamination
- CPR-D-padz® meet applicable ANSI/AAMI/ISO DF-39-1993 requirements and offer clear anatomical placement illustrations as well as a CPR hand positioning landmark and comes complete with a rescue accessory package, including a barrier mask, razor, scissors, disposable gloves and a towelette
- Display screen presents the elapsed time and number of shocks delivered
- Back-lit display screen provides simultaneous text with every audio prompt and a circle of lighted graphical icons that show what to do

Click [here](#) to shop the **ZOLL® AED Plus® 8000-00-4007-01 Fully-Automatic Package** online, or call customer service at **1-800-548-GARD (4273)** today for more information or to place an order.

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Steve Krieske is Vice President - Purchasing, and has been with Saf-T-Gard for more than 40 years.

What Steve likes about Saf-T-Gard:

"I have been given a lot of opportunity to utilize my knowledge in the safety business. Very comfortable work atmosphere."

What makes Steve's day:

"A *smooth day*. I also like to see the efforts we put in purchasing turn into success for our sales team."

Steve's outside interests are:

"Family, walleye fishing, and baseball."

Anything else:

"I'm looking forward to the years ahead."



Hearing Protection

Employers shall make hearing protectors available to all employees exposed to an 8-hour time-weighted average of 85 decibels or greater at no cost to the employees. Hearing protectors shall be replaced as necessary.

Employers shall ensure that hearing protectors are worn:

- By an employee who is required by paragraph (b) (1) of this section to wear personal protective equipment; and
- By any employee who is exposed to an 8-hour time-weighted average of 85 decibels or greater, and who:
 - Has not yet had a baseline audiogram established pursuant to paragraph (g)(5)(ii); or
 - Has experienced a standard threshold shift
- Employees shall be given the opportunity to select their hearing protectors from a variety of

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Keeping an Eye on Worker Safety



Eyesight is a precious gift that needs adequate protection on and off the job – especially in potentially hazardous working conditions. Discover how to help protect workers' eyes from potentially harmful cold weather and high wind speeds.

There are crystal-clear benefits to wearing the right winter safety eyewear on the job in cold-weather environments. With low temperatures posing multiple hazards to our eyes, we put together a list of tips to help keep workers safe, comfortable and productive in the cold.

KEY RISKS

Outdoor work in cold weather conditions can expose the eyes to:

- Low temperatures, which can cause pain, blurred vision or double vision
- Wind, which can blow snow, rain and debris into the eyes
- Glare from snow, ice and other reflective surfaces

THE BEST EQUIPMENT FOR THE JOB

For cold-weather work, goggles and sealed eyewear offer three main advantages:

1. **Anti-fog coating** - Lens fogging can be a common problem. Look for advanced anti-fog coating that will survive extended wear and repeated cleaning.
2. **Industrial certification** - Don't use regular ski goggles for industrial safety. Instead, use safety goggles and sealed eyewear that meet the ANSI Z87.1- 2015 standard for impact protection.
3. **Safety from particles** - Safety goggles and sealed eyewear form a seal on the face, protecting the eyes from windblown particles like dust and snow.

HOW TO SELECT THE RIGHT EYEWEAR

For maximum protection and comfort, look for these characteristics:

suitable hearing protectors provided by the employer

- The employer shall provide training in the use and care of all hearing protectors provided to employees
- The employer shall ensure proper initial fitting and supervise the correct use of all hearing protectors

Reference: 29 CFR 1910.95

As I See It



It is December 2023, and we are deep into the holiday season and busy with year-end wrap-up activities. So, nobody wants to read about a new product or new program or new idea – I get that.

But we do have some facts to share as our holiday gift to you. The first fact is that it is cold outside in much of the United States. And just as we tried to raise awareness of heat stress earlier this year (supported by a strong OSHA campaign on this subject), now we need to raise awareness of the different needs for outdoor workers in cold environments. From head-to-toe, this includes warm liners to wear underneath safety caps and hats, Hi-Viz warm outerwear, thermal-lined gloves, and even thermal-lined protective footwear.

The second fact is that indoor workers in hot indoor environments still need to maintain a focus on hydration to combat heat stress.

The third fact is that recognition of a diverse workforce is an increasingly high priority, so proper fit must be a key consideration in the selection of any and all PPE. That includes PPE designed in different sizes and shapes because people come in different sizes and shapes. Proper

- **Extra face coverage:** Goggles and sealed eyewear create a shield for the eyes, forehead and upper cheeks, providing warmth and coverage in the cold.
- **Comfortable fit with other PPE:** Most goggles and sealed eyewear have wide and/or adjustable headbands to fit many head sizes, while keeping the lens secure on the face. The headband can also be used over hats, hoods or other head protection.
- **Features for clear vision:** Prevent fogging with a premium anti-fog lens coating that does not wash off, as well as vented frames that create airflow.
- **Tinted lenses:** Choose goggles and sealed eyewear with optional lens tinting to reduce brightness from sun and glare.
- **Soft foam:** For warmth and comfort all shift long, find frames with soft, dense foam around the face.

Saf-T-Gard carries a comprehensive selection of Honeywell eye and face protection products including safety glasses, safety goggles, headgear/faceshields, lens cleaning and welding helmets. Click [here](#) to shop them online or call customer service at **1-800-548-GARD (4273)** today for more information or to place an order.

BROWSE HONEYWELL EYE/FACE PRODUCTS

Watch the **FREE Ergodyne Utility and Transportation Safety Webinar: Head and Face Protection Essentials Webinar ON DEMAND**



Understanding safety is paramount, especially in the utilities and transportation sectors. Dive deep into the critical protective gear that ensures your most valuable assets - your head and face - remain unscathed.

This comprehensive webinar will explore the following:

- **Hard hats:** Robust protection for demanding environments
- **Safety helmets:** Merging safety with ergonomic design
- **Bump caps:** Offering protection against unforeseen impacts
- **Thermal accessories:** Essential add-ons for adverse conditions
- **Faceshields and visors:** Guarding your face against external hazards
- **Eyewear:** Ensuring clear vision and protection from risks

Jobsite safety guru Allie Thunstrom breaks down the latest in protective gear technology, ensuring crews are not only

protection means properly-fitting PPE (remember – the first P in PPE is Personal).

Finally, I want to wrap up this year and this column with a big THANK YOU. It has been my privilege and honor to share this corner of our monthly newsletter with you and I thank you for taking the time to read it. Hopefully you have gained some value over the many years that I have tried to share some insights and ideas with our safety community.

At Saf-T-Gard, we count our blessings by making significant holiday donations in the names of our Saf-T-Gard customers, employees, suppliers, and business associates. These donations focus on helping those in need including our local food banks and charitable organizations as well as global organizations helping address natural and man-made disasters (unfortunately including wars) around the world.

This is our pleasure and obligation as a global citizen, because we're Saf-T-Gard International - ***Bringing Workers Home Safely Since 1936.***

Sincerely,
Richard A. Rivkin, Saf-T-Gard CEO and Chairman of the Board

compliant but also equipped with the best tools for safety, comfort and productivity.

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Saf-T-Gard is a major manufacturer, distributor, importer and exporter of safety solutions for industry since 1936.

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