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International, Inc.



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WORKER SAFETY SOLUTIONS
for more than 85 years

Fall Protection Tops OSHA's 'Top 10' List of Most Frequently Cited Standards for Fiscal Year 2022



The Occupational Safety and Health Administration (OSHA) released its preliminary list of the most frequently cited safety standards for fiscal year 2022 on September 20th during the 2022 NSC Safety Congress & Expo. This annual list is determined from worksite inspections throughout the year and aims to alert employers and safety professionals about frequent citations and violations to help prevent their occurrence.

For the 12th straight fiscal year, Fall Protection – General Requirements is OSHA's most frequently cited standard, followed by hazard communication and respiratory protection.

The standards that comprise the Top 10 remained unchanged from FY 2021, with some movement within their ranking. Hazard Communication, which ranked fifth in FY 2021, climbed three spots to No. 2, with Respiratory Protection, Ladders and Scaffolding rounding out the top five. The full list is as follows:

1. Fall Protection, General Requirements (29 CFR 1926.501): **5,260 violations**
2. Hazard Communication Standard, General Requirements (29 CFR 1910.1200): **2,424 violations**
3. Respiratory Protection, General Industry (29 CFR 1910.134): **2,185 violations**
4. Ladders, Construction (29 CFR 1926.1053): **2,143 violations**
5. Scaffolding, General Requirements, Construction (29 CFR 1926.451): **2,058 violations**
6. Control of Hazardous Energy (Lockout/Tagout), General Requirements (29 CFR 1910.147): **1,977 violations**
7. Powered Industrial Trucks, General Requirements (29 CFR 1910.178): **1,749 violations**
8. Fall Protection, Training Requirements (29 CFR 1926.503): **1,556 violations**
9. Personal Protective and Lifesaving Equipment – Eye and Face Protection (29 CFR 1926.102): **1,401 violations**
10. Machinery and Machine Guard, General Requirements (29 CFR 1910.212): **1,370 violations**

Do any of these safety violations look familiar to you? Don't let your company or your workers become a statistic! Saf-T-Gard has been bringing workers home safely for more than 86 years, and we can do the same for you! Since its establishment in 1936, Saf-T-Gard has enabled on-the-job safety, compliance and peace of mind for hundreds



Duty to Protect

Keep workers safe in a trench

Slope it.
Shore it.
Shield it.



Employers have an **obligation to provide a workplace free from recognized safety and health hazards**. Those who show indifference to their responsibilities may be placed in OSHA's **Severe Violator Enforcement Program**.

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Saf-tgard.com makes it easier than ever for visitors to find exactly what they are looking for by utilizing a guided navigation layout with a fully-optimized "smart" search engine. The responsive design enables use and access to more than 6,000 products with enhanced product content and imagery on your PC, smart phone or tablet.

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Visit with Saf-T-Gard

of thousands of workers and their families, by delivering superior safety products and solutions that protect against work-related hazards and prevent serious injuries. Click [here](#) to shop more than 14 different categories of safety products that can help prevent these OSHA citations and so much more, or call customer service at **1-800-548-GARD (4273)** today for more information or to place an order.

Saf-T-Gard® Voltgard® Emergency Storm Response and Recovery Services



Weather can be a fierce and unpredictable foe sometimes. Hurricanes, floods, blizzards, ice storms, tornadoes and earthquakes oftentimes strike fast and without warning, leaving regions without power for an extended period of time depending on how quickly lineman crews can be deployed.

Rest assured that when disasters strike, **Voltgard®** is prepared and available to provide immediate response in supplying the electrical safety needs of your work crew - no matter how big or small - to help ensure a safer and faster recovery for everyone. The safety of your employees is our highest priority. As such, **Voltgard®** offers a 24/7 storm response hotline for the emergency shipments of rubber insulating products and safety equipment including PPE. Additionally, **Voltgard®** has one of the largest new rubber goods inventories in the world, available and ready to ship or pickup in a matter of hours. Our centrally located Chicago area location is minutes away from both FedEx and UPS centers and 30 minutes away from Chicago's O'Hare International Airport.

Moreover, **Voltgard®** can also assist you in your pre-event storm planning by supplying the necessary safety equipment in advance, thereby saving you time and money by enabling a more proactive response in times of critical emergencies.

Whatever Mother Nature throws our way, **Voltgard®** is committed to weathering the storm together by providing unwavering support that lasts before, during and after any natural disaster. Click [here](#), or contact customer service at **1-800-548-GARD (4273)** today for more information.

Saf-T-Gard® Voltgard® Insulating Roll Blankets



Hazards exist in every workplace. Common examples include slips, trips, falls, exposure to loud noises, working from heights, vibrations and unguarded machinery. The best way to protect your employees is to recognize the hazards that exist on the job, and control them by utilizing the appropriate personal protective equipment (PPE) for the application.

This is where Saf-T-Gard can help! We've been bringing workers home safely since 1936 with our finest industrial safety products and PPE, and we can do the same for you. Stop by our booth at any of the following trade shows to check out our comprehensive selection of safety products and services that directly address every workplace safety hazard.

International Lineman's Rodeo – Thursday, October 13, 2022, from 12:00 p.m. to 5:00 p.m. and Friday, October 14, 2022, from 9:00 a.m. to 3:00 p.m., Overland Park Convention Center, Overland Park, Kansas, Booth #217

NECA Safety Leadership Summit – Monday, November 14, 2022, from 4:30 p.m. to 7:00 p.m. and Tuesday, November 15, 2022, from 4:45 p.m. to 7:00 p.m., Seelbach Hilton Hotel, Louisville, Kentucky, Booth #42

Five Safety Tips



1. GOOD (UN)VIBRATIONS - ANSI has adopted as an American Standard the international anti-vibration glove standard now to be known as ANSI S3.40/2002:ISO10819. Be sure the vibration-reducing gloves you use are in compliance.

2. TIP TOP TOES - Steel toe boots and work shoes meeting ANSI A41 I/75 C/75 standards provide safe toe protection.

3. BREATHE DEEP BREATHE EASY - Gas detection instrumentation is available for single gas and multi-gas hazards.

4. LOCK IT UP - Lockout/tagout procedures and products are simple and convenient to use and assist in OSHA compliance.

5. AND WHEN ALL ELSE FAILS - New standards for first aid kits are based on intended use and hazards and should always be convenient and accessible.

Available in Class 00 (brown color) in sizes 3' x 6' ([VRLB00-6](#)) and 3' x 30' rolls ([VRLB00-30](#)) and Class 0 (yellow color) in sizes 3' x 6' ([VRLB0-6](#)) and 3' x 30' rolls ([VRLB0-30](#)), [Saf-T-Gard® Voltgard® Insulating Roll Blankets](#) are ideal for use by electrical utility workers, power and communication linemen, electrical contractors, electrical field service technicians, telecommunications companies, cable television operators, auto manufacturing/repair service workers, municipalities, first responders, energized machine operators and industrial plant and facility maintenance technicians or anywhere protection is needed from accidental and incidental contact with energized lines, energized equipment and irregularly-shaped hardware. Additional features and benefits include the following:

- Insulating roll blankets, made from a high-strength reinforced Type II rubber, allow workers to custom-cut blankets to fit each application at the job site
- This minimizes the number of different low-voltage blanket sizes and shapes that would be needed from job to job
- Roll blankets are easy to cut and stay flexible, even in temperatures that get down to -40° F
- Highly puncture and tear resistant, each blanket is also flame, oil, and ozone resistant
- Type II rubber roll blankets meet ASTM F2320 standards

Click [here](#) to shop the [Saf-T-Gard® Voltgard® Insulating Roll Blankets](#) online or call customer service at **1-800-548-GARD (4273)** today for more information or to place an order.

Sudden Cardiac Arrest Awareness Month and World Restart a Heart Day



Sudden cardiac arrest is the leading cause of death in the United States. Every year, more than 350,000 people suffer out-of-hospital sudden cardiac arrest (OHCA) in the United States. Of those victims, only about 12% survive according to the American Heart Association (AHA).

When a person suffers sudden cardiac arrest (SCA), they collapse suddenly and become non-responsive. The heart stops beating regularly, and the brain is deprived of oxygen. Without intervention, victims of cardiac arrest can die in minutes. If a person collapses suddenly and is unresponsive, they should be treated with both high-quality CPR and an AED. Performing high-quality CPR helps to circulate blood and oxygen to the brain and vital organs.

On October 16th, World Restart a Heart Day creates awareness that everyone can learn CPR and other basic life-saving techniques. The day also recognizes the number of lives saved each year by CPR.

Who invented CPR? This question might seem like an easy one to answer. However, this isn't the case as CPR has evolved through the years. Throughout history, doctors and surgeons have tried to develop the best way to restart a heart after it has stopped beating.

CPR Timeline

- **The 1500s to 1800s** – Practitioners used various versions of the Bellows Method. This method used fireplace bellows to force air into the lungs. As they made more advances in medicine, they also introduced more effective methods.
- **1732** – William Tossach, a surgeon from Scotland, first successfully used mouth-to-mouth resuscitation. However, in 1782, the Bellows Method became the preferred way to inflate the lungs artificially.
- **1874** – Research conducted by physiologist Moritz Schiff showed that heart massage can restore circulation.
- **1891** – Dr. Friedrich Maass from Germany became the first to advocate chest compressions to restart the heart.

QUESTIONS

Q & A

ANSWERS



Question - Is it mandatory for all workplaces to provide a first aid kit?

Answer - Title 29 CFR 1910.151(b) states: "In the absence of an infirmary, clinic, or hospital in near proximity to the workplace which is used for treatment of all injured employees, a person or persons shall be adequately trained to render first aid. Adequate first aid supplies shall be readily available."

Employers may elect not to provide first aid services if all such services will be provided by a hospital, infirmary, or clinic in near proximity to the workplace. If the employer has persons who are trained in first aid, then adequate first aid supplies must be readily available for use.

Therefore, employers are required to provide first aid supplies that are most appropriate to respond to incidents at their workplaces. OSHA allows employers to provide first aid supplies specific to the needs of their workplace.

Saf-T-Gard Spotlight



Brian Maher is a member of the Saf-T-Gard Sales Team and joined Saf-T-Gard more than 8 years ago as an Account Manager.

What Brian likes about Saf-T-Gard:

"Everyone works towards the same goal of getting the best product, at the best price, to our customers when they need it. Having a large inventory in our warehouse helps this as well."

What makes Brian's day:

"When someone calls in a panic because they have an urgent need for the next day and everything ships smoothly from our warehouse that same day."

Brian's outside interests are:

"Golf, fishing, riding and caring for our horses."

Anything else:

- **1933** – Researchers at Johns Hopkins University discovered that using external chest compression provided adequate circulation. An electrical engineer named William Kouwenhoven led the research. Many consider him the founder of modern CPR.
- **1957** - Kouwenhoven's team unveiled a prototype of the first portable external defibrillator.
- **1960** – Kouwenhoven and other resuscitation pioneers combined mouth-to-mouth resuscitation with external chest compressions. This method became known as cardiopulmonary resuscitation (CPR). According to the American Heart Association (AHA), up to 200,000 lives each year could be saved if CPR was performed early enough.

HOW TO OBSERVE #WorldRestartAHeartDay



On this day, healthcare professionals and heart associations worldwide educate the general public on how to perform CPR. It's also a day for people to share stories of how CPR saved their life. The best way to participate is to commit to learning CPR and other life-saving techniques. You can also spread awareness for this day on social media with #WorldRestartAHeartDay.



Choosing the Right Respirator for Hurricane Cleanup



A hurricane season averages about 10 named storms, of which more than half typically become hurricanes, according to the National Oceanic and Atmospheric Administration. As coastal development continues to increase, emergency managers expect high potential damage. As flood waters recede, they can leave behind mold, as well as structural damage that can release asbestos and other particles into the air. These contaminants — along with the chemicals used in cleaning products — can cause allergies, asthma and lung damage. Organic vapors include those from wastewater or decaying matter like food, plants or animals. Acid gases include hydrogen sulfide, which occurs naturally in sewers and also can be released by damage to some kinds of drywall.

NOW IS THE TIME TO MAKE SURE YOU HAVE THE CORRECT RESPIRATOR PROTECTION FOR CLEANUP WORKERS.

Respirators come in several different types — from disposable masks to powered air purifying respirators (PAPR) — which prevent the inhalation of mold and other contaminants.

- **Disposable** - Covers nose and mouth; filtering face pieces help protect against particulates including dusts, mists, and fumes.
- **APR** - Air-purifying respirators are available in multiple head gear options. They draw air through filters and cartridges to help protect against various contaminants.
- **PAPR** - Powered air-purifying respirators are available in half mask, full face, hoods, and helmets. They utilize filters and cartridges to help protect against various contaminants.

CHOOSE THE RIGHT FILTERS AND CARTRIDGES.

Make sure workers using any type of air-purifying respirator for hurricane cleanup have the appropriate filters for the contaminants in

"I enjoy reading about history and biographies."



Are both or either of the positive and negative seal checks described in OSHA regulations required when donning a respirator?

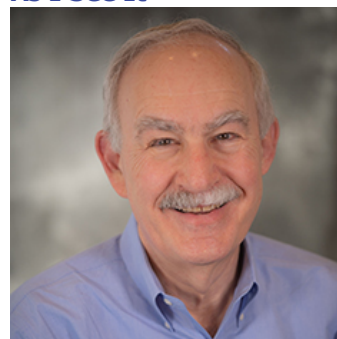
The Respiratory Protection standard, 29 CFR 1910.134, requires employers to ensure their employees perform a user seal check each time they don a tight-fitting respirator using either the "user seal check" procedures in Appendix B-1 or equally effective procedures recommended by the respirator manufacturer.

When following Appendix B, both the positive and negative seal checks are required to be performed, if possible. Variations in the construction of respirators may make the performance of either the positive or the negative seal check impossible to perform. In this case, the employer must follow the manufacturer's recommendations.

The "equally effective" phrase is intended to ensure that the recommended procedures have been demonstrated to be effective in identifying respirators that do not seal properly when donned or adjusted. This may at times involve performing only the positive or negative seal check.

If no method exists to check whether a respirator re-seals during multiple re-donnings under actual workplace conditions, it is not acceptable for use, and a different respirator must be selected. OSHA does not permit the use of tight-fitting respirators that cannot be seal-checked.

As I See It



It is September 2022 and this month we'll focus on OSHA's Top 10 Violations for the past 11 months (OSHA fiscal year 2022).

In case you missed the announcement at this month's National Safety Congress, here's the list (again):

1. Fall Protection, General Requirements
2. Hazard Communications, General Requirements
3. Respirator Protection, General Industry
4. Ladders, Construction
5. Scaffolding, General Requirements and Construction
6. Control of Hazardous Energy (Lockout/Tagout), General

the environment.

Hazard	Filter/cartridge that may be needed
Mold, lead, or asbestos	P100 filter
Molds that emit toxic vapors or gases	Combination cartridge with organic vapor, acid gas, and P100 filter
Bleach solution for remediating mold	Combination cartridge with acid gas and P100 filter
Oil-based particulates	R-class or P-class filter

Click [here](#) to download and share the infographic for a quick and easy visual reference. Saf-T-Gard supplies a full-range of Honeywell respiratory protection products including disposable respirators, reusable full and half-mask respirators, cartridges and filters, powered and supplied air systems, Escape respirators and respiratory protection accessories. Click [here](#) to shop them online, or call customer service at **1-800-548-GARD (4273)** today for more information or to place an order.



Watch the FREE Ansell It's the Dose that Makes the Poison: Cumulative Effect of Exposure to Hazardous Substances Webinar ON DEMAND



Workers in industries that use various chemicals face serious consequences of exposure to hazardous substances. It's critical to understand how to assess chemical permeation and cumulative mass vs. breakthrough time, and in many cases, it's important to learn some advanced permeation detection techniques for complex chemical mixtures.

Join Ben Sepe, Ansell Associate Director of Business Development and Regional Product Portfolio Manager, in the It's the Dose That Makes the Poison: Cumulative Effect of Exposure to Hazardous Substances Webinar and walk away with a better understanding of the impact chemical hazard exposure has on the health and safety of employees and be armed with knowledge and tools to improve outcomes at their own site immediately!

Click [here](#) to register and watch the FREE webinar ON DEMAND today.

- Requirements
- 7. Powered Industrial Trucks, General Requirements
- 8. Fall Protection, Training Requirements
- 9. Eye and Face Protection
- 10. Machinery and Machine Guard, General Requirements

A few things stand out and are worth commenting. Fall protection is on the list TWICE! Pandemic and supply chain issues notwithstanding, there has been no shortage of fall protection products and qualified trainers are available as well. Does it really take nearly 7,000 violations to get attention? Saf-T-Gard can help. We have choices of products available and can arrange for training as well.

Lockout/Tagout seems to make the list every year, and there's no reason for it. The concept is simple and the LOTO products needed are readily available. Control of, and protection from, hazardous energy is one of our core specialties. How can we help you?

And when I see Respiratory Protection and Eye & Face Protection on the list, my first reaction is the comfort factor of worker compliance. And, again, there are choices because no two faces are alike, so selecting suitable eye, face, and respiratory protective products is not a lowest common denominator process. The Saf-T-Gard team of experienced safety specialists can help here, too.

Notice a common theme – we're here for you, because we are Saf-T-Gard International - **Bringing Workers Home Safely Since 1936.**

Sincerely,
Richard A. Rivkin, Saf-T-Gard CEO and Chairman of the Board

Proud to partner with:



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Saf-T-Gard is a major manufacturer, distributor, importer and exporter of safety solutions for industry since 1936.

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